

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Galeazzo, Laura, 35	1	<b>583.781</b>	<b>7</b>	*	90.693	92.370	91.768	100.000			100.000				99.643	100.000	
Pouliot, Carolynne, 40	2	<b>509.722</b>	<b>6</b>	*	78.391	78.592	81.572			90.895					88.282	91.990	
Crowe, Mary, 66	3	<b>447.358</b>	<b>8</b>	*	65.341	66.125	60.321				69.566		90.589		71.064	71.871	78.143
Guth, Cheryl, 69	4	<b>441.942</b>	<b>6</b>	*	66.640		65.011		84.381						72.356	74.072	79.482
Lyon, Sandra, 43	5	<b>422.628</b>	<b>8</b>	*	52.212				67.531		56.844		74.471	91.279	58.932	64.092	66.323
Schwartz, Anne, 66	6	<b>422.002</b>	<b>6</b>	*		60.773	60.442		80.470	69.433			80.364				70.520
Gaudino, Jennifer, 49	7	<b>419.461</b>	<b>10</b>	*	54.915		58.333	61.258	68.454	63.360		54.265	76.475	83.349	61.500		66.323
Antonio, Sara, 31	8	<b>402.367</b>	<b>5</b>	*	76.775	76.992	76.590			88.789	83.221						
Anolik, Jennifer, 56	9	<b>382.840</b>	<b>8</b>	*	53.666	54.091		61.912		62.461			72.712		59.403	60.835	65.517
Larson, Cindy, 52	10	<b>370.360</b>	<b>5</b>	*	69.775	73.349	73.058				74.135				80.043		
Treanor, Kaye, 53	11	<b>359.452</b>	<b>5</b>	*	69.285	63.196			85.209		66.811					74.951	
Della Pietra, Rachael, 44	12	<b>345.818</b>	<b>5</b>	*	65.984	65.323				73.333	62.727						78.451
Bulloch, Alexi, 32	13	<b>339.657</b>	<b>4</b>	*	80.461	80.712						84.205				94.279	
Croll, Alexandra, 48	14	<b>325.418</b>	<b>4</b>	*									88.314	100.000	68.237	68.867	
Jones, Erica, 37	15	<b>311.279</b>	<b>6</b>	*	50.225	50.140	53.846								48.818	52.132	56.118
Sychtysz, Morgan, 24	16	<b>310.651</b>	<b>5</b>	*	53.156	55.313		64.246	71.973	65.963							
McCutchan, Jana, 58	17	<b>298.517</b>	<b>5</b>	*	45.212				59.074	52.847			64.449	76.935			
Vincent, Becki, 40	18	<b>283.952</b>	<b>4</b>	*	58.993	69.404						72.361					83.194
Anolik, Eleanor, 32	19	<b>280.036</b>	<b>6</b>	*	41.008	41.514				49.916					47.895	49.030	50.673
Muratore, Katie, 39	20	<b>279.989</b>	<b>5</b>	*	49.807		56.367			49.500						57.570	66.745
Newman, Colleen, 62	21	<b>278.911</b>	<b>4</b>	*	70.038		64.316			77.093		67.464					
Gilligan, Nancy, 58	22	<b>270.562</b>	<b>5</b>	*	49.513	49.873		53.533		57.895						59.748	
McLyman, Christina, 55	23	<b>262.472</b>	<b>4</b>	*	60.637	60.313									69.514	72.008	

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Cozzo, Kimberley, 52	24	<b>256.002</b>	<b>4</b>	*	57.595							66.100			59.562	72.745	
Pellegrin, Tina, 48	25	<b>254.770</b>	<b>8</b>	*	39.566		37.719		43.371	41.597	37.667	38.117	51.544		40.575		
Beaver, Vickey, 49	26	<b>252.285</b>	<b>5</b>	*	49.556		52.076				49.330	47.283				54.040	
White, Marie, 62	27	<b>247.668</b>	<b>4</b>	*	58.174		56.900	65.852		66.742							
Lewandowski, Mitzie, 76	28	<b>240.356</b>	<b>4</b>	*	54.169				70.569	58.292					57.326		
Pettinelli, Adrienne, 49	29	<b>234.347</b>	<b>5</b>	*	44.527	48.092				45.103	42.688					53.937	
Fridman, Ellen, 29	30	<b>216.959</b>	<b>4</b>	*	48.552	48.210				32.204				87.993			
O'Malley, Kelly, 38	31	<b>208.663</b>	<b>4</b>	*	49.807		51.365			48.969							58.522
Kyle, Cathy, 43	32	<b>190.974</b>	<b>4</b>	*	42.281					49.295						47.874	51.524
Quinlan, Janine, 67	33	<b>184.891</b>	<b>4</b>	*							39.296	38.665	58.911		48.019		
Konopka, Amy, 44	34	<b>270.654</b>	<b>3</b>		83.758										92.225	94.671	
Webster, Heather, 49	35	<b>268.689</b>	<b>3</b>		82.562										91.770	94.357	
Gibbons, Erin, 26	36	<b>258.177</b>	<b>3</b>			89.234						93.092				75.851	
Nagel, Kirsten, 39	37	<b>255.395</b>	<b>3</b>		82.117										80.914	92.364	
Patterson, Heather, 48	38	<b>246.867</b>	<b>3</b>		82.157	82.917	81.793										
Wheeler, Sandy, 55	39	<b>246.614</b>	<b>3</b>		76.565							79.696					90.353
Lembo, Jacalyn, 57	40	<b>238.441</b>	<b>3</b>		80.268	81.970	76.203										
DeMagistris, Margaret, 43	41	<b>236.892</b>	<b>3</b>		72.933	74.904				89.055							
Katz, Jennifer, 36	42	<b>227.769</b>	<b>3</b>		69.515						76.629				81.625		
Gottfried, Lynn, 43	43	<b>227.301</b>	<b>3</b>		69.228										77.377	80.696	
Trabucco, Cathie, 63	44	<b>226.735</b>	<b>3</b>			57.744							76.793	92.198			
Finn, Samantha, 31	45	<b>223.370</b>	<b>3</b>		69.457	73.349									80.564		
Davis, Marie, 52	46	<b>222.373</b>	<b>3</b>		72.304	69.583		80.486									

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George, Jeanette, 48	47	<b>220.516</b>	<b>3</b>		71.777	71.523									77.216		
Davis-McHugh, Marcy, 60	48	<b>215.634</b>	<b>3</b>							80.054					54.284		81.296
Rybak, Jennifer, 52	49	<b>211.473</b>	<b>3</b>		61.936	63.234							86.303				
Salemi, Olivia, 25	50	<b>197.908</b>	<b>3</b>		57.674	63.326											76.908
Paris, Stacie, 38	51	<b>197.348</b>	<b>3</b>		53.977	51.006								92.365			
Benson, Chelsea, 40	52	<b>194.636</b>	<b>2</b>		94.636	100.000											
Clements, Francesca, 20	53	<b>193.608</b>	<b>3</b>		52.871										68.112		72.625
Lewis, Hannah, 31	54	<b>193.566</b>	<b>3</b>			62.664		72.574				58.328					
Dys, Jennifer, 43	55	<b>192.798</b>	<b>3</b>		56.129	57.574							79.095				
Byler, Trisha, 38	56	<b>192.396</b>	<b>2</b>		94.263	98.133											
Piraino, Lindsay, 27	57	<b>191.836</b>	<b>2</b>		91.836							100.000					
Staley, Catherine, 16	58	<b>191.055</b>	<b>2</b>					94.075		96.980							
Kean, Valerie, 53	59	<b>190.326</b>	<b>3</b>		62.444	58.976		68.906									
Rieck, Wende, 61	60	<b>186.645</b>	<b>3</b>		45.643			68.824									72.178
McCarroll, Carolyn, 64	61	<b>186.228</b>	<b>3</b>								54.560		72.891		58.777		
Surowiec, Ilianna, 16	62	<b>186.000</b>	<b>2</b>				86.000		100.000								
Pinney, Rachel, 32	63	<b>185.442</b>	<b>2</b>								91.349				94.093		
Berghash, Christina, 51	64	<b>184.096</b>	<b>3</b>		56.279		62.190								65.627		
Coon, Colleen, 32	65	<b>183.070</b>	<b>2</b>		88.677	94.393											
Bagley, Sophie, 17	66	<b>182.765</b>	<b>2</b>		82.765												100.000
DiNoto, Laine, 35	67	<b>182.263</b>	<b>2</b>		90.988	91.275											
Tuttle, Georgia, 27	68	<b>182.015</b>	<b>2</b>		90.546	91.469											
Iafrati, Laura, 36	69	<b>181.987</b>	<b>2</b>		84.818						97.169						
DiSalvo, Jennifer, 49	70	<b>180.999</b>	<b>3</b>		53.632		68.879									58.488	

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Brandt, Kristen, 37	71	<b>180.348</b>	<b>3</b>		56.166	58.401				65.781							
Riley, Anne, 66	72	<b>177.453</b>	<b>3</b>		54.275										60.499	62.679	
Simning, Inga, 36	73	<b>175.894</b>	<b>2</b>			84.676					91.218						
VanHalle, Angeline, 38	74	<b>171.176</b>	<b>2</b>							88.591	82.585						
Cannon, Sarah, 23	75	<b>166.437</b>	<b>2</b>		80.191		86.246										
Campanella, Jen, 41	76	<b>164.971</b>	<b>2</b>				79.003								85.968		
Deacon, Elaine, 64	77	<b>164.870</b>	<b>3</b>			45.744				60.397						58.729	
Nesbitt, Christina, 37	78	<b>164.775</b>	<b>3</b>		55.626	53.996					55.153						
Geffen, Samantha, 34	79	<b>164.676</b>	<b>3</b>												52.769	54.298	57.609
Shand, Jessica, 47	80	<b>162.715</b>	<b>2</b>			74.362											88.353
Allen, Amanda, 47	81	<b>162.289</b>	<b>2</b>												77.755		84.534
Kessler, Sherry, 52	82	<b>161.610</b>	<b>2</b>					77.681									83.929
Saxton, Jan, 59	83	<b>161.551</b>	<b>2</b>						71.538					90.013			
Hoa, Xuan, 54	84	<b>161.326</b>	<b>3</b>			50.861				54.520							55.945
Matthews, Elizabeth, 42	85	<b>160.236</b>	<b>2</b>		77.953	82.283											
Ball, Annie, 39	86	<b>159.868</b>	<b>2</b>		80.230	79.638											
Riley, Margaret, 49	87	<b>159.695</b>	<b>3</b>		54.292	56.310										49.093	
Glaser, Rae, 40	88	<b>158.387</b>	<b>2</b>		80.307	78.080											
Bhattacharjee, Monica, 35	89	<b>156.723</b>	<b>2</b>		77.378	79.345											
Landahl, Jenna, 36	90	<b>156.035</b>	<b>2</b>		70.302												85.733
Johnstone, Erin, 31	91	<b>155.965</b>	<b>2</b>		71.410					84.555							
Schofield, Coleen, 54	92	<b>155.933</b>	<b>3</b>		50.680	50.730											54.523
Antonini, Christine, 49	93	<b>154.266</b>	<b>2</b>								75.965				78.301		
Slovik-Rodgers, Devyn, 12	94	<b>153.778</b>	<b>2</b>										79.995			73.783	

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Ryan, Kristen, 38	95	<b>153.731</b>	<b>2</b>		84.947												68.784
Roberts, Ashlie, 37	96	<b>153.560</b>	<b>2</b>		71.289					82.271							
Williams, Kristin, 44	97	<b>151.485</b>	<b>2</b>		70.038												81.447
Hugg, Megan, 39	98	<b>150.835</b>	<b>2</b>		73.898	76.937											
Sibilio, Dana, 46	99	<b>150.610</b>	<b>3</b>		50.120	49.506					50.984						
McCarthy, Abby, 43	100	<b>149.560</b>	<b>2</b>			68.587										80.973	
Mitchell, Krista, 60	101	<b>149.454</b>	<b>2</b>									71.754				77.700	
Zappia, Barbara, 58	102	<b>149.421</b>	<b>3</b>		46.273	48.340											54.808
CAVINESS, NANCY, 64	103	<b>149.380</b>	<b>3</b>		46.247	48.340											54.793
Dole, Amanda, 31	104	<b>149.314</b>	<b>2</b>		75.940	73.374											
Stash, Carol, 59	105	<b>149.070</b>	<b>3</b>		46.698			50.990									51.382
Sassenhausen, Megan, 30	106	<b>148.943</b>	<b>2</b>		61.101								87.842				
Osovski, Brenda, 56	107	<b>148.374</b>	<b>2</b>		73.703	74.671											
Pedrotti, Kimberly, 28	108	<b>147.922</b>	<b>2</b>		69.950												77.972
Rockwell, Hannah, 30	109	<b>147.865</b>	<b>2</b>		72.680												75.185
Abbott, Wendy, 49	110	<b>147.196</b>	<b>2</b>		65.571												81.625
Crane, Cassandra, 53	111	<b>146.455</b>	<b>2</b>		71.289	75.166											
Bonomo, Mary, 29	112	<b>146.079</b>	<b>2</b>		66.720												79.359
Champagne, Kathleen, 60	113	<b>145.871</b>	<b>2</b>		69.804						76.067						
Eckhart, Heather, 50	114	<b>145.045</b>	<b>2</b>			67.449											77.596
Sweeney, Melissa, 36	115	<b>144.821</b>	<b>3</b>							49.770					45.270	49.781	
O'Dwyer, Meghan, 25	116	<b>143.942</b>	<b>2</b>		70.717	73.225											
Helf, Megan, 27	117	<b>143.314</b>	<b>2</b>		65.062												78.252
Brogan, Kim, 48	118	<b>142.362</b>	<b>2</b>												69.384	72.978	

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Blake, Jessica, 42	119	<b>142.002</b>	<b>2</b>													67.921	74.081
Fogle, Melissa, 36	120	<b>141.886</b>	<b>2</b>		72.055	69.831											
Rappleye, Sarah, 23	121	<b>141.498</b>	<b>2</b>		69.400	72.098											
Frye, Michelle, 51	122	<b>140.600</b>	<b>2</b>								68.432				72.168		
Wallace, Wallace, 23	123	<b>140.392</b>	<b>2</b>		69.921	70.471											
Naujokas, Audra, 53	124	<b>139.337</b>	<b>2</b>		61.891												77.446
Karas-Shanks, Lauren, 40	125	<b>138.931</b>	<b>2</b>					60.904							78.027		
Reese, Jamie, 28	126	<b>138.857</b>	<b>2</b>			64.444											74.413
Rosati, Katt, 32	127	<b>138.800</b>	<b>2</b>		64.861										73.939		
Shields, Ruth, 51	128	<b>137.442</b>	<b>2</b>			65.185		72.257									
Rosechandler, Amy, 37	129	<b>137.187</b>	<b>2</b>		62.282					74.905							
Glatz, Catherine, 36	130	<b>136.512</b>	<b>2</b>			63.382											73.130
Ruder, Elizabeth, 45	131	<b>136.118</b>	<b>2</b>		70.243											65.875	
Ohmit, Lindsey, 37	132	<b>134.316</b>	<b>2</b>			62.609					71.707						
Knight, Kelly, 51	133	<b>134.225</b>	<b>2</b>		64.363										69.862		
Reichman, Melissa, 43	134	<b>133.616</b>	<b>2</b>		75.428											58.188	
Dwyer Albano, Wendy, 47	135	<b>133.241</b>	<b>2</b>		64.785	68.456											
Vanderberg, Carol, 60	136	<b>133.195</b>	<b>2</b>									58.930				74.265	
Swinson, Toni, 51	137	<b>132.806</b>	<b>2</b>		58.174										74.632		
Biddle, Sue, 71	138	<b>132.677</b>	<b>3</b>		41.931			44.152							46.594		
Biernat, Sarah, 42	139	<b>132.456</b>	<b>2</b>					51.834							80.622		
Finnigan, Leann, 61	140	<b>132.022</b>	<b>2</b>		64.636	67.386											
Torrice, Claire, 43	141	<b>131.625</b>	<b>2</b>		62.819	68.806											
Quinn, Christine, 41	142	<b>131.441</b>	<b>2</b>							63.974							67.467

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Fox, Christi, 49	143	<b>130.462</b>	<b>2</b>		63.461											67.001	
Farrell, Brenna, 42	144	<b>129.668</b>	<b>2</b>		61.640						68.028						
Huggins, Christine, 53	145	<b>128.324</b>	<b>2</b>		62.491						65.833						
Reisig, Susan, 52	146	<b>128.190</b>	<b>2</b>		54.682												73.508
Crawford, Kat, 34	147	<b>127.489</b>	<b>2</b>		63.485	64.004											
Randisi, Kate, 40	148	<b>127.159</b>	<b>2</b>									61.360				65.799	
Stevens, Katelyn, 33	149	<b>126.952</b>	<b>2</b>		62.051										64.901		
Ciaio, Laura, 55	150	<b>126.632</b>	<b>2</b>		59.327			67.305									
Lynch, Jennifer, 41	151	<b>126.432</b>	<b>2</b>		59.223										67.209		
Pavone, Gayle, 45	152	<b>126.415</b>	<b>2</b>		61.640						64.775						
Mitchell, Madeline, 16	153	<b>123.779</b>	<b>2</b>			55.285										68.494	
Mastro, Sarah, 39	154	<b>122.840</b>	<b>2</b>		60.879	61.961											
Klein, Sarah, 23	155	<b>122.483</b>	<b>2</b>			64.560				57.923							
Reed-Watt, Felicia, 53	156	<b>122.324</b>	<b>2</b>		49.381												72.943
Erbland, Alisa, 40	157	<b>122.073</b>	<b>2</b>		57.026	65.047											
Bell, Renee, 49	158	<b>121.448</b>	<b>2</b>			57.405	64.043										
Springer, Jennifer, 31	159	<b>119.817</b>	<b>2</b>		55.005					64.812							
Swingle, Alicia, 35	160	<b>119.551</b>	<b>2</b>		55.277											64.274	
Roe, Jo, 66	161	<b>119.305</b>	<b>2</b>													55.790	63.515
Rathke, Rachael, 33	162	<b>119.174</b>	<b>2</b>		57.733												61.441
Stadler, Monica, 44	163	<b>119.008</b>	<b>2</b>												58.043	60.965	
Shanks, Audrey, 10	164	<b>118.525</b>	<b>2</b>					60.872							57.653		
Fergusson, Emiko, 41	165	<b>118.248</b>	<b>2</b>			72.122										46.126	
Silber, Maureen, 49	166	<b>118.176</b>	<b>2</b>			53.821											64.355

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<i><b>Female</b></i>	Place	<b>Total</b>	<b># of Races</b>	<b>RROY Elig</b>	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Sauer, Barbara, 74	167	<b>118.055</b>	<b>2</b>		59.559	58.496											
Beldue, Rachel, 42	168	<b>117.953</b>	<b>2</b>		60.593	57.360											
Doody, Martha, 52	169	<b>117.731</b>	<b>2</b>		54.363			63.368									
Matina, Anne Marie, 58	170	<b>117.117</b>	<b>2</b>		48.300								68.817				
Matina, Allison, 30	171	<b>117.103</b>	<b>2</b>		48.286								68.817				
Brewer, Jenny, 38	172	<b>116.671</b>	<b>2</b>		51.348	65.323											
Janicke, Eden, 12	173	<b>116.639</b>	<b>2</b>							52.870							63.769
Minster, Nicole, 53	174	<b>116.429</b>	<b>2</b>		54.416										62.013		
Parsons, Laurie, 49	175	<b>116.269</b>	<b>2</b>													53.632	62.637
Fickbohm, Jill, 63	176	<b>115.099</b>	<b>2</b>												59.690	55.409	
ReedWatt, Cheri, 53	177	<b>114.596</b>	<b>2</b>													53.810	60.786
Brotsch, Sara, 46	178	<b>114.185</b>	<b>3</b>		45.297					33.268							35.620
Biernat, Anna, 10	179	<b>114.047</b>	<b>2</b>					59.012							55.035		
Judkins, Emily, 35	180	<b>113.987</b>	<b>2</b>		57.007	56.980											
Ladenheim, Erin, 39	181	<b>113.580</b>	<b>2</b>									49.903					63.677
Prosperi, Rita, 64	182	<b>113.418</b>	<b>2</b>		55.533		57.885										
Maas-Feary, Maureen, 67	183	<b>113.154</b>	<b>2</b>							54.495							58.659
Neumeister, Samantha, 33	184	<b>113.044</b>	<b>2</b>		54.753	58.291											
Sanger, Wendy, 56	185	<b>113.037</b>	<b>2</b>		52.655											60.382	
Johnson, Lizzy, 31	186	<b>112.201</b>	<b>2</b>		57.338	54.863											
Cilano, Kathryn, 32	187	<b>111.728</b>	<b>2</b>		63.221											48.507	
Kimberly-Haag, Charlotte, 64	188	<b>111.588</b>	<b>2</b>		53.925		57.663										
Morris, Tanya, 45	189	<b>111.085</b>	<b>2</b>		54.152						56.933						
Hanley, Jenna, 35	190	<b>110.838</b>	<b>2</b>		55.681	55.157											



## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Curwin, Lisa, 47	191	<b>110.820</b>	<b>2</b>							53.853							56.967
Madden, Sarah, 24	192	<b>110.629</b>	<b>2</b>		50.467	60.162											
Maynard, Donna, 61	193	<b>110.360</b>	<b>2</b>		51.490										58.870		
Muratore, Giulia, 10	194	<b>110.128</b>	<b>2</b>				60.442			49.686							
Hogan, Nancy, 68	195	<b>109.841</b>	<b>2</b>		53.684		56.157										
Judd, Angela, 47	196	<b>109.710</b>	<b>2</b>							56.924						52.786	
Carpenter, Brenda, 49	197	<b>109.706</b>	<b>2</b>		50.680										59.026		
LeChase, Alison, 46	198	<b>109.146</b>	<b>2</b>		53.701										55.445		
Stratton, Brie, 41	199	<b>109.115</b>	<b>2</b>					54.670		54.445							
Pielow, Gillian, 47	200	<b>108.820</b>	<b>2</b>		52.050	56.770											
Rogers, Nicole, 39	201	<b>108.511</b>	<b>2</b>		61.550			46.961									
Mazurek, Aimee, 32	202	<b>108.451</b>	<b>2</b>		53.038	55.413											
Fletcher, Rose, 39	203	<b>108.010</b>	<b>2</b>										60.417			47.593	
Wyant, Chelsey, 36	204	<b>107.730</b>	<b>2</b>													55.763	51.967
Daniels, Adrienne, 41	205	<b>107.627</b>	<b>2</b>										60.429			47.198	
Hineline, Amy, 44	206	<b>107.377</b>	<b>2</b>		54.700	52.677											
Petty, Burgandy, 30	207	<b>107.362</b>	<b>2</b>			50.492											56.870
Helmer, Lauren, 34	208	<b>107.177</b>	<b>2</b>		53.410	53.767											
Stratton, Maddison, 13	209	<b>107.105</b>	<b>2</b>					54.747		52.358							
Fitzgerald, Chandler, 29	210	<b>106.636</b>	<b>2</b>		53.189	53.447											
Pollard, Suzanne, 59	211	<b>106.506</b>	<b>2</b>		47.318											59.188	
Menz, Megan, 24	212	<b>106.498</b>	<b>2</b>		51.921										54.577		
Ratner, Melissa, 46	213	<b>106.044</b>	<b>2</b>			50.599									55.445		
Hocker, Kristin, 51	214	<b>105.751</b>	<b>2</b>												52.471	53.280	

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Myrthil, Brenda, 52	215	<b>105.178</b>	<b>2</b>		50.589						54.589						
Hunt, Alice, 48	216	<b>104.716</b>	<b>2</b>			49.145											55.571
Schaff, Annette, 73	217	<b>104.702</b>	<b>2</b>												51.596	53.106	
Doyle, Paula, 50	218	<b>104.538</b>	<b>2</b>		49.020												55.518
Wilcox, April, 32	219	<b>104.462</b>	<b>2</b>		48.792					55.670							
Glover, Ashley, 30	220	<b>104.086</b>	<b>2</b>						45.114					58.972			
Parry, Lisa, 48	221	<b>103.556</b>	<b>2</b>		52.050	51.506											
Clarke, Mary, 28	222	<b>103.442</b>	<b>2</b>							35.815							67.627
Morrison, Bailey, 15	223	<b>103.134</b>	<b>2</b>												49.978	53.156	
Spencer, Lisa, 34	224	<b>103.129</b>	<b>2</b>		51.649						51.480						
Hollands, Shayne, 28	225	<b>102.925</b>	<b>2</b>							53.683							49.242
Chruscicki, Christine, 55	226	<b>102.717</b>	<b>2</b>												50.248	52.469	
Guerin, Melissa, 44	227	<b>102.271</b>	<b>2</b>													50.466	51.805
Montrois, Cara, 46	228	<b>102.242</b>	<b>2</b>		48.133												54.109
Findlay, Zoe, 32	229	<b>101.669</b>	<b>2</b>		49.338	52.331											
Chafik, Elizabeth, 37	230	<b>100.139</b>	<b>2</b>							36.655							63.484
Lemay, Marie, 34	231	<b>100.000</b>	<b>1</b>							100.000							
Spitzer, Jenn, 32	231	<b>100.000</b>	<b>1</b>												100.000		
Spencer, Carrie, 46	231	<b>100.000</b>	<b>1</b>										100.000				
Lembo, Katie, 26	231	<b>100.000</b>	<b>1</b>		100.000												
Ardner, Windsor, 22	231	<b>100.000</b>	<b>1</b>				100.000										
Harmor, Kelli, 52	236	<b>99.771</b>	<b>2</b>							58.783							40.988
Hearne, Jennifer, 53	237	<b>99.398</b>	<b>2</b>													47.874	51.524
Johnson-White, Melissa, 42	238	<b>99.263</b>	<b>1</b>			99.263											

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Bossert, Sandra, 60	239	<b>99.251</b>	<b>2</b>		46.607										52.644		
Leone, Laurel, 38	240	<b>98.944</b>	<b>1</b>			98.944											
Sanford, Tanya, 53	241	<b>98.904</b>	<b>2</b>												48.563		50.341
Brundage, Hannah, 16	242	<b>98.636</b>	<b>1</b>						98.636								
Strutz, Laura, 59	243	<b>98.368</b>	<b>2</b>		48.538							49.830					
Hammond, Erin, 36	244	<b>98.020</b>	<b>1</b>							98.020							
Eklin, Kristin, 32	245	<b>97.751</b>	<b>1</b>										97.751				
Lawruk, Jordan, 16	246	<b>97.603</b>	<b>1</b>														97.603
Archer, Candace, 26	247	<b>97.411</b>	<b>1</b>				97.411										
Callahan, Stella, 8	248	<b>97.097</b>	<b>2</b>					47.076		50.021							
Wisnowski, Lauren, 32	249	<b>96.423</b>	<b>1</b>														96.423
Stone, Julie, 38	250	<b>96.348</b>	<b>2</b>		49.367	46.981											
Burda, Isabella, 25	251	<b>95.936</b>	<b>1</b>		95.936												
Dougherty, Heather, 57	252	<b>95.248</b>	<b>2</b>			45.292										49.956	
Lane, Emily, 24	253	<b>95.011</b>	<b>1</b>		95.011												
Hancy, Samantha, 27	254	<b>94.955</b>	<b>1</b>										94.955				
Cubitt, Daryl Dear, 62	255	<b>94.930</b>	<b>2</b>			43.334									51.596		
Lawruk, Allison, 43	256	<b>94.774</b>	<b>1</b>														94.774
Yehl, Michaela, 28	257	<b>94.254</b>	<b>2</b>		45.005										49.249		
Schmidt, Alayna, 27	258	<b>94.239</b>	<b>2</b>		40.173											54.066	
Wright, Tai, 44	259	<b>94.086</b>	<b>2</b>												46.908	47.178	
Stenabaugh, Shirley, 36	260	<b>93.886</b>	<b>2</b>			44.775				49.111							
Hurley, Bridget, 28	261	<b>93.621</b>	<b>2</b>							46.443						47.178	
Goldstein, Talia, 14	262	<b>93.268</b>	<b>1</b>														93.268

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Gallant, Isabella, 15	262	<b>93.268</b>	<b>1</b>														93.268
Gullo, Ginny, 76	264	<b>93.135</b>	<b>2</b>		43.886										49.249		
Oldfield, Stephanie, 37	265	<b>92.638</b>	<b>2</b>		46.324	46.314											
Mooney, Meg, 44	266	<b>92.629</b>	<b>1</b>										92.629				
McFadden, Calliope, 16	267	<b>92.276</b>	<b>1</b>														92.276
Hebert, Leyna, 38	268	<b>91.548</b>	<b>1</b>					91.548									
Rekkerth, Laura, 36	269	<b>91.468</b>	<b>1</b>												91.468		
Magin, Lauren, 41	270	<b>91.399</b>	<b>1</b>													91.399	
McGarvey, Rachel, 30	271	<b>91.325</b>	<b>1</b>													91.325	
Isselhard, Bethany, 34	272	<b>91.239</b>	<b>2</b>		40.298											50.941	
Haller, Amanda, 29	273	<b>91.212</b>	<b>1</b>				91.212										
Costanza, Carly, 42	274	<b>91.096</b>	<b>1</b>														91.096
Szczepanski, Meredith, 37	275	<b>90.682</b>	<b>1</b>														90.682
Huselton, Laura, 33	276	<b>90.546</b>	<b>1</b>		90.546												
Allinger, Nancy, 63	277	<b>89.617</b>	<b>2</b>		54.030											35.587	
Rocha, Isabella, 20	278	<b>89.600</b>	<b>1</b>										89.600				
Muto, Tina, 59	279	<b>89.432</b>	<b>2</b>		40.759											48.673	
Ryan, Liz, 30	280	<b>89.102</b>	<b>1</b>		89.102												
Prindle, Lauryn, 36	281	<b>88.922</b>	<b>1</b>							88.922							
McAnany, Maureen, 33	282	<b>88.633</b>	<b>1</b>												88.633		
Patt, Janet, 52	283	<b>88.545</b>	<b>2</b>		42.355						46.190						
Patt, Kimberly, 28	284	<b>88.535</b>	<b>2</b>		42.345						46.190						
Prutzman, Meah, 17	285	<b>88.529</b>	<b>1</b>				88.529										
George, Jessie, 31	286	<b>88.350</b>	<b>1</b>		88.350												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Boettrich, Ellen, 73	287	<b>88.093</b>	<b>2</b>		42.722												45.371
Youngman, Lynn, 37	288	<b>88.031</b>	<b>1</b>			88.031											
pierce, bailey, 23	289	<b>88.012</b>	<b>1</b>				88.012										
Sullivan, Abbie, 26	290	<b>87.657</b>	<b>1</b>		87.657												
Tobin, Jackie, 43	291	<b>87.155</b>	<b>1</b>		87.155												
Hayes, Rachel, 33	292	<b>87.036</b>	<b>1</b>			87.036											
Hill-Jones, Summer, 27	293	<b>86.929</b>	<b>1</b>		86.929												
Barbero, Nina, 30	294	<b>86.818</b>	<b>2</b>		45.042										41.776		
Brady, Carly, 32	295	<b>86.749</b>	<b>1</b>		86.749												
Gutman, Janelle, 46	296	<b>86.739</b>	<b>1</b>														86.739
Suriani, Alice, 46	297	<b>86.619</b>	<b>2</b>		41.424		45.195										
DeHond, Christine, 58	298	<b>86.331</b>	<b>2</b>												46.112	40.219	
Bonanno, Danielle, 32	299	<b>86.252</b>	<b>1</b>									86.252					
Knigge, Ann, 71	300	<b>86.146</b>	<b>2</b>		42.452	43.694											
Salvador, Lauren, 16	301	<b>86.087</b>	<b>1</b>							86.087							
Eichelberger, Sarah, 32	302	<b>86.066</b>	<b>1</b>														86.066
Burgstrom, Stephanie, 38	303	<b>86.028</b>	<b>1</b>														86.028
Mullen, Kathleen, 9	304	<b>86.025</b>	<b>1</b>							86.025							
Critelli, Megan, 36	305	<b>85.533</b>	<b>2</b>		46.530												39.003
Allen, Julia, 22	306	<b>85.512</b>	<b>1</b>														85.512
Strait, Nicole, 42	307	<b>85.296</b>	<b>1</b>													85.296	
Verna, Brittany, 35	308	<b>85.238</b>	<b>2</b>			39.981				45.257							
Globus-Harris, Isla, 35	309	<b>85.111</b>	<b>1</b>			85.111											
Zombek, Lucy, 18	310	<b>85.100</b>	<b>1</b>							85.100							

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Hansen, Jennie, 38	311	<b>84.990</b>	1		84.990												
Shippy, Katlin, 29	312	<b>84.985</b>	1												84.985		
Hurley, Caitlin, 22	313	<b>84.839</b>	2							42.429						42.410	
St. James, Ashley, 33	314	<b>84.787</b>	1													84.787	
Rose, Jill, 40	315	<b>84.606</b>	1														84.606
Yost, Jamie, 45	316	<b>84.534</b>	2		40.464											44.070	
Dusseau, Shawnessy, 41	317	<b>84.427</b>	1									84.427					
Prok, Keri, 34	318	<b>84.355</b>	1														84.355
Woods, Ainsley, 20	319	<b>83.743</b>	1					83.743									
Benson-D'Alesandro, Blair, 33	320	<b>83.716</b>	1		83.716												
Moore, Nicole, 38	321	<b>83.583</b>	1												83.583		
Trenkamp, Kayla, 36	322	<b>83.470</b>	2		51.222					32.248							
Higgins, Laura, 37	323	<b>83.044</b>	1			83.044											
Kotok, Sophie, 31	324	<b>82.961</b>	1												82.961		
Ramos, Vanessa, 20	325	<b>82.920</b>	1				82.920										
Hulsey, Kate, 14	325	<b>82.920</b>	1				82.920										
Coville, Angie, 61	327	<b>82.907</b>	2							42.688						40.219	
Wohlers, Bridget, 49	328	<b>82.600</b>	2													30.755	51.845
Dragon, Erin, 40	329	<b>82.349</b>	1												82.349		
Lord, Amy, 60	330	<b>82.293</b>	2		40.038	42.255											
Quirk, Yaroslava, 36	331	<b>82.272</b>	1													82.272	
Vertoske, Debra, 46	332	<b>82.240</b>	1				82.240										
Bogdan, Kate, 39	333	<b>82.234</b>	1														82.234
Beck-Andersen, Emily, 30	334	<b>82.064</b>	1			82.064											

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Ouderkirk, Brittney, 34	335	<b>82.031</b>	1														82.031
Frost, Kristen, 39	336	<b>82.012</b>	1								82.012						
Fredericks, Melissa, 47	337	<b>81.947</b>	1										81.947				
Nunez, Elizabeth, 29	338	<b>81.796</b>	1														81.796
Sennett, Kaitlyn, 38	339	<b>81.762</b>	1														81.762
Daley, Cassady, 30	340	<b>81.739</b>	1									81.739					
Beiter, Margaret, 26	341	<b>81.390</b>	1					81.390									
Hill, Melinda, 45	342	<b>81.333</b>	1					81.333									
Yaiser, Ashley, 35	343	<b>81.329</b>	1														81.329
Fischer, Ashton, 29	344	<b>81.150</b>	1												81.150		
Sanese, Ava, 11	345	<b>80.982</b>	1							80.982							
Dimbleby, Ilana, 36	346	<b>80.924</b>	1			80.924											
Sullivan, Lucianna, 12	347	<b>80.447</b>	1												80.447		
Savage, Holly, 36	348	<b>80.307</b>	1		80.307												
Haglund, Jenna, 50	349	<b>79.832</b>	1														79.832
Lanning, Kathy, 66	350	<b>79.774</b>	2		36.746					43.028							
McJury, Brigid, 32	351	<b>79.673</b>	1														79.673
Cavellier, Rebecca, 41	352	<b>79.622</b>	1													79.622	
Conway, Chelsea, 33	353	<b>79.507</b>	1		79.507												
Wasilco, Julia, 15	354	<b>79.412</b>	1							79.412							
Depuy, Caylin, 35	355	<b>79.339</b>	1									79.339					
Miller, Jasmyn, 19	356	<b>79.324</b>	1														79.324
Serapilio, Maggie, 42	357	<b>79.306</b>	1							79.306							
Oliver, Lindsey, 35	358	<b>79.281</b>	1		79.281												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Detwiler, Andrea, 41	359	<b>79.261</b>	1														79.261
Bennett, Paige, 28	360	<b>79.247</b>	1												79.247		
Courtney, Katie, 42	361	<b>79.211</b>	1								79.211						
Buick, Hayley, 22	362	<b>79.201</b>	1										79.201				
Wallis, Jemma, 15	363	<b>79.198</b>	1														79.198
O'Brien, Karen, 31	364	<b>79.090</b>	2		38.734	40.356											
Deegan, Sarah, 28	365	<b>79.073</b>	1														79.073
Willard, Erica, 13	366	<b>79.003</b>	1				79.003										
Fanta, Annie, 26	367	<b>78.996</b>	1			78.996											
Jurayj, Jane, 26	368	<b>78.967</b>	1			78.967											
Panzarella, Melissa, 42	369	<b>78.910</b>	1												78.910		
Borealis, Pamela, 40	370	<b>78.754</b>	1									78.754					
Simpson, Lisa, 57	371	<b>78.637</b>	2			35.941										42.696	
Hays, Michelle, 52	372	<b>78.632</b>	1												78.632		
Feyerabend, Abby, 22	373	<b>78.586</b>	1								78.586						
Muehlemann, Ally, 31	374	<b>78.523</b>	1				78.523										
Seelman, Kathryn, 38	375	<b>78.385</b>	1				78.385										
Jamieson, Lauren, 32	376	<b>78.334</b>	1									78.334					
Ogden, Elizabeth, 33	377	<b>78.318</b>	1		78.318												
Sehnert, Maddy, 23	378	<b>78.107</b>	1							78.107							
Tatelbaum, Kathy, 35	379	<b>78.026</b>	1		78.026												
Rose, Mikayla, 25	380	<b>77.930</b>	1														77.930
Rose, Alexandra, 28	381	<b>77.899</b>	1														77.899
Rose, Amy, 49	382	<b>77.869</b>	1														77.869



## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Wichtendahl, Kelly, 43	383	<b>77.809</b>	1													77.809	
Spanton, Sue, 54	384	<b>77.800</b>	1							77.800							
Baker, Krissy, 42	385	<b>77.546</b>	1							77.546							
Wallis, Anna, 34	386	<b>77.521</b>	1		77.521												
Given, Rachel, 35	387	<b>77.484</b>	1												77.484		
Becker, Cynthia, 28	388	<b>77.356</b>	1														77.356
Lu, Caitlin, 29	389	<b>77.266</b>	1														77.266
Kidder, Amanda, 30	390	<b>77.163</b>	1												77.163		
Pelitera, Courtney, 33	391	<b>77.137</b>	1													77.137	
Lucia, Olivia, 19	392	<b>77.087</b>	1														77.087
Oâ€™Shea, Jenny, 31	393	<b>77.027</b>	1														77.027
Feary, Meredith, 37	394	<b>76.987</b>	1		76.987												
Webber, Laura, 45	395	<b>76.968</b>	1														76.968
Mariano, Halie, 24	395	<b>76.968</b>	1														76.968
Lyons, Sara, 24	395	<b>76.968</b>	1														76.968
Seyler, Michelle, 37	398	<b>76.800</b>	1			76.800											
Dody, Shealyn, 26	399	<b>76.755</b>	1					76.755									
Clark, Carolyn, 41	399	<b>76.755</b>	1					76.755									
Joyce, Elizabeth, 36	401	<b>76.661</b>	1									76.661					
Ayers, Pamela, 47	402	<b>76.642</b>	1														76.642
Shamp, Kris, 54	403	<b>76.566</b>	1													76.566	
Smith, Christine, 35	404	<b>76.530</b>	1		76.530												
Morrison, Allison, 46	405	<b>76.513</b>	2												35.555	40.958	
Brown, Heather, 32	406	<b>76.495</b>	1		76.495												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Moore, Maria, 25	406	<b>76.495</b>	1														76.495
Langston, Jewelianna, 19	408	<b>76.396</b>	1										76.396				
Polashenski, Maya, 28	409	<b>76.009</b>	1		76.009												
Pembroke, Charity, 42	410	<b>75.975</b>	1		75.975												
Dunn, Corina, 16	411	<b>75.942</b>	1														75.942
Bice, Lisa, 55	412	<b>75.913</b>	1									75.913					
Myszka, Katie, 38	413	<b>75.837</b>	1		75.837												
Thompson, Natalie, 36	414	<b>75.645</b>	1												75.645		
Caruana, Colleen, 46	415	<b>75.547</b>	2		39.810										35.737		
Brockmann, Kayla, 12	416	<b>75.448</b>	1													75.448	
Hartman-Fortner, Christie, 41	417	<b>75.345</b>	1								75.345						
Arbegast, Kathryn, 17	418	<b>75.326</b>	1		75.326												
Race, Beth, 58	419	<b>75.295</b>	2							34.069						41.226	
Kinsley, Katie, 34	420	<b>75.292</b>	1		75.292												
Prosser, Braelyn, 13	421	<b>75.248</b>	1													75.248	
Williamson, Kyah, 13	422	<b>75.162</b>	1					75.162									
Eisenberg, Johanna, 28	423	<b>75.085</b>	1														75.085
Lamartina, Shari, 30	424	<b>75.026</b>	1									75.026					
Aliperti, Joia, 38	425	<b>75.000</b>	1														75.000
Martin, Vanessa, 38	426	<b>74.972</b>	1														74.972
Zajia, Amy, 53	427	<b>74.953</b>	1							74.953							
Turinsky, Anna, 16	428	<b>74.887</b>	1														74.887
Pell, Sarah, 31	429	<b>74.882</b>	2		43.185					31.697							
Dunay, Brittany, 30	430	<b>74.822</b>	1					74.822									

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Spyra, Marianne, 16	431	<b>74.691</b>	1														74.691
Juliano, Libby, 17	431	<b>74.691</b>	1														74.691
Poirier, Chloe, 17	433	<b>74.663</b>	1														74.663
Spyra, Gabrielle, 17	433	<b>74.663</b>	1														74.663
Martins, Eleanor, 17	433	<b>74.663</b>	1														74.663
Mathis, Carolyn, 53	436	<b>74.655</b>	1		74.655												
Kehrer, Bridget, 36	437	<b>74.514</b>	1									74.514					
Soine, Shannon, 38	438	<b>74.509</b>	1													74.509	
Michelsen, Holly, 20	439	<b>74.460</b>	1									74.460					
Linderman, Mia, 16	440	<b>74.333</b>	1												74.333		
Capel, Adeline, 19	441	<b>74.296</b>	1							74.296							
Capel, Natalie, 15	441	<b>74.296</b>	1							74.296							
DePasquale, Mary, 32	443	<b>74.136</b>	1														74.136
Lupiani, Amy, 43	444	<b>74.065</b>	1							74.065							
Schrage, Kristin, 43	445	<b>74.009</b>	1									74.009					
Dollmeyer, Sydney, 30	446	<b>73.735</b>	1		73.735												
Burrill, Rebekah, 50	447	<b>73.725</b>	1														73.725
Nowicki, Paige, 28	448	<b>73.703</b>	1		73.703												
Fetter, Anna, 19	449	<b>73.606</b>	1							73.606							
Dorsey-Ching, Emily, 37	450	<b>73.592</b>	1													73.592	
Kenyon, Valerie, 53	451	<b>73.452</b>	2							36.319						37.133	
Snyder, Diana, 64	452	<b>73.417</b>	2							36.297						37.120	
Drahms, Daniella, 11	453	<b>73.308</b>	1													73.308	
Snizek, Cristina, 33	454	<b>73.307</b>	1												73.307		

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Borrelli, Laura, 46	455	<b>73.262</b>	1					73.262									
Farrell, Georgia, 32	456	<b>73.157</b>	1														73.157
Wegman, Sarah, 23	457	<b>73.051</b>	1			73.051											
Merrill, Alida, 64	458	<b>73.026</b>	1			73.026											
Musolino, Jody, 49	459	<b>72.999</b>	1									72.999					
Velazquez-Osgood, Cecilia, 60	460	<b>72.970</b>	1														72.970
Webster, Amanda, 36	461	<b>72.928</b>	1							72.928							
De Marco, Lisa, 56	462	<b>72.917</b>	1														72.917
Malcott, Rachel, 42	463	<b>72.903</b>	1			72.903											
Gili Ciurana, Jordina, 27	464	<b>72.870</b>	1		72.870												
DeCiantis, Beth Anne, 60	465	<b>72.838</b>	1		72.838												
Bader, Marilyn, 55	466	<b>72.837</b>	1														72.837
Schmidt, Heidi, 36	467	<b>72.720</b>	1									72.720					
Mackenzie, Natalie, 42	468	<b>72.698</b>	1													72.698	
Ouderkirk, Meredith, 27	469	<b>72.678</b>	1														72.678
Novara, Danielle, 35	470	<b>72.648</b>	1									72.648					
Wood, Tracie, 43	471	<b>72.586</b>	1									72.586					
Kulakowski, Calista, 25	472	<b>72.572</b>	1							72.572							
Maggiulli, Kristen, 28	473	<b>72.483</b>	1							72.483							
Fetter, Megan, 15	473	<b>72.483</b>	1							72.483							
Catan, Julie, 38	475	<b>72.461</b>	1			72.461											
Hodges, Jude, 58	476	<b>72.395</b>	1							72.395							
Webber, Samantha, 31	476	<b>72.395</b>	1							72.395							
Reif, Carol, 59	478	<b>72.364</b>	1			72.364											

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Chekansky, Krista, 40	479	<b>72.328</b>	1													72.328	
Sortino, Jennie, 53	480	<b>72.256</b>	1														72.256
LaBue, Danielle, 48	481	<b>72.219</b>	1							72.219							
Grieger, Taylor, 28	482	<b>72.210</b>	1		72.210												
Browne, Mckenzie, 15	483	<b>72.131</b>	1							72.131							
Drahms, Angela, 38	484	<b>72.008</b>	1													72.008	
Fuller, Francesca, 38	485	<b>71.970</b>	1														71.970
Guerin, Brittany, 29	486	<b>71.941</b>	2		37.096											34.845	
Kim, Erica, 25	487	<b>71.881</b>	1			71.881											
Sampone, Karen, 55	488	<b>71.871</b>	1													71.871	
Pietropaolo, Brianna, 23	489	<b>71.839</b>	1		71.839												
Konieczny, Megan, 25	490	<b>71.780</b>	1													71.780	
Dorsinville, Aurore, 34	491	<b>71.654</b>	1										71.654				
Baschnagel, Jocelyn, 45	492	<b>71.584</b>	1										71.584				
Andrea, Emily, 37	493	<b>71.480</b>	1							71.480							
Hazard, Laurie, 54	493	<b>71.480</b>	1														71.480
Van Kerkhove, Piper, 23	493	<b>71.480</b>	1														71.480
JONES, NICOLE, 39	496	<b>71.455</b>	1					71.455									
Marcus, Sarah, 17	497	<b>71.403</b>	1														71.403
Fitch, Michelle, 44	498	<b>71.098</b>	1														71.098
Hogan, Stephanie, 39	499	<b>71.053</b>	1							71.053							
Mohd Sani, Elizabeth, 41	500	<b>71.052</b>	1			71.052											
McDermott, Bridget, 25	501	<b>70.887</b>	1					70.887									
Suppo, Bethany, 48	502	<b>70.885</b>	1													70.885	

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Lincoln, Annabelle, 11	503	<b>70.799</b>	1							70.799							
Black, Sophia, 10	503	<b>70.799</b>	1							70.799							
Costello, Caitlyn, 40	505	<b>70.795</b>	1			70.795											
Walsh, Samantha, 40	505	<b>70.795</b>	1														70.795
Lacey, Jen, 41	507	<b>70.794</b>	1												70.794		
Martin, Emily, 14	508	<b>70.714</b>	1							70.714							
Lincoln, Madeline, 9	509	<b>70.630</b>	1							70.630							
Buono, Isabella, 18	510	<b>70.570</b>	1														70.570
Mullen, Julie, 39	511	<b>70.546</b>	1							70.546							
Betrus, Colleen, 44	512	<b>70.402</b>	1			70.402											
Brundage, Emily, 14	513	<b>70.378</b>	1						70.378								
English, Rauni, 65	514	<b>70.303</b>	1												70.303		
Coffey, Cassandra, 53	515	<b>70.222</b>	1														70.222
Humphrey, Taylor, 33	516	<b>70.185</b>	1													70.185	
Hammill, Erin, 30	517	<b>70.130</b>	1							70.130							
Polino, Tiffany, 49	518	<b>70.126</b>	1												70.126		
Kashtan, Sara, 28	519	<b>70.098</b>	1														70.098
Adams, Christina, 27	520	<b>70.088</b>	1							70.088							
Baker, Katie, 34	521	<b>70.038</b>	1												70.038		
Champlin, Kirsten, 34	522	<b>70.030</b>	1					70.030									
Ernstrom, Meredith, 42	523	<b>70.012</b>	1													70.012	
Geary, Lisa, 44	524	<b>69.955</b>	1									69.955					
Naassana, Gabrielle, 20	525	<b>69.926</b>	1														69.926
Bader, Meagan, 23	526	<b>69.902</b>	1														69.902

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Sementa, Erica, 43	527	<b>69.831</b>	1			69.831											
Reyes, Carmen, 69	528	<b>69.637</b>	1							69.637							
Valverde, Alex, 51	529	<b>69.557</b>	1												69.557		
Kelly, Fiona, 9	530	<b>69.499</b>	1													69.499	
French, Kristen, 43	531	<b>69.329</b>	1													69.329	
Travalia, Caroline, 44	532	<b>69.309</b>	1								69.309						
Lou, Valerie, 37	533	<b>69.285</b>	1		69.285												
Potterpin, Sabrina, 43	534	<b>69.223</b>	1														69.223
Bub, Alissa, 35	535	<b>69.194</b>	1					69.194									
Falvey, Keira, 18	536	<b>69.173</b>	1									69.173					
Herne, Raegan, 26	537	<b>69.135</b>	1									69.135					
Gruttadauria, Raquel, 32	538	<b>69.056</b>	1		69.056												
Hulsey, Charlotte, 13	539	<b>69.037</b>	1					69.037									
McAvoy, MaryAgnes, 65	540	<b>69.030</b>	1							69.030							
Dennee, Courtney, 44	541	<b>69.027</b>	1								69.027						
Winter, Rachel, 31	542	<b>69.026</b>	1			69.026											
Schnittman, Eleanor, 15	543	<b>69.004</b>	1			69.004											
Snyder, Daryl, 33	544	<b>68.906</b>	1					68.906									
Romanowski Mendoza, Deanna,	545	<b>68.858</b>	1		68.858												
Reynolds, Brooke, 33	546	<b>68.828</b>	1			68.828											
White, Britt, 54	547	<b>68.812</b>	1								68.812						
Bardin, Addie, 36	548	<b>68.773</b>	1		68.773												
Engler, Loretta, 69	549	<b>68.718</b>	1			68.718											
Carroll, Caeli, 24	549	<b>68.718</b>	1			68.718											

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Walker, Melissa, 41	551	<b>68.701</b>	1													68.701	
Ayon, Alizah, 22	552	<b>68.671</b>	1							68.671							
Stiner, Kate, 30	553	<b>68.659</b>	1													68.659	
Fannin, Jackie, 33	554	<b>68.520</b>	1		68.520												
Wojtas, Grace, 12	555	<b>68.412</b>	1													68.412	
Royer, Loryn, 34	555	<b>68.412</b>	1													68.412	
Okeson, Riley, 25	557	<b>68.391</b>	1			68.391											
Palacio, Maria, 44	558	<b>68.297</b>	1		68.297												
Twamley, Megan, 27	559	<b>68.252</b>	1														68.252
Smith, Andrea, 44	560	<b>68.241</b>	1		68.241												
Maguire, Norah, 10	561	<b>68.206</b>	1													68.206	
Petula, Deanna, 46	562	<b>68.190</b>	1									68.190					
Holt, Sarah, 43	563	<b>68.112</b>	1												68.112		
ALBERT, PATRICIA, 59	564	<b>68.100</b>	1				68.100										
Ashenfelder, Stephanie, 49	565	<b>68.099</b>	1									68.099					
VanLare, Shelley, 68	566	<b>67.962</b>	1													67.962	
Guilford, Stephanie, 36	567	<b>67.937</b>	1		67.937												
Mazzarella, Helena, 22	568	<b>67.903</b>	1														67.903
Jasie, Jessie, 20	569	<b>67.880</b>	1														67.880
Reeg, Hannah, 24	570	<b>67.864</b>	1												67.864		
Dinesh, Ammu, 24	571	<b>67.853</b>	1			67.853											
McCarthy, Christie, 49	572	<b>67.810</b>	1			67.810											
Stoller, Ashley, 38	573	<b>67.789</b>	1			67.789											
Hershel, Beth, 43	574	<b>67.759</b>	1													67.759	



## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
McCormick, Elena, 31	575	<b>67.659</b>	1					67.659									
Mayo, Kimberly, 35	576	<b>67.581</b>	1		67.581												
Pietropaolo, Danielle, 25	577	<b>67.580</b>	1					67.580									
Magnera, Alaura, 15	578	<b>67.500</b>	1							67.500							
Magnera, Westerly, 45	578	<b>67.500</b>	1							67.500							
Paulino, Jessica, 36	580	<b>67.497</b>	1									67.497					
Lane-Ayers, Sarah, 59	581	<b>67.478</b>	1													67.478	
Zimmerman, Melanie, 35	582	<b>67.462</b>	1					67.462									
Torrey, Elena, 39	583	<b>67.302</b>	1			67.302											
Chefalo, Maggie, 41	584	<b>67.282</b>	1		67.282												
Maguire, Emma, 12	585	<b>67.278</b>	1													67.278	
Recchia, Marianne, 61	586	<b>67.271</b>	1							67.271							
Slovik-Rodgers, Kaiya, 16	587	<b>67.266</b>	1									67.266					
Winschel, Lauren, 26	588	<b>67.255</b>	1		67.255												
Stringer, Andi, 50	589	<b>67.134</b>	1			67.134											
Kirkpatrick, Carolyn, 49	590	<b>67.121</b>	1		67.121												
Pietropaolo, Juliana, 26	591	<b>67.111</b>	1					67.111									
Francz, Laura, 62	592	<b>67.094</b>	1		67.094												
McGrath, Lynn, 48	593	<b>67.088</b>	1												67.088		
Norlund, Marjorie, 48	594	<b>67.048</b>	1												67.048		
Maryou, Brianna, 33	595	<b>66.967</b>	1			66.967											
Marchetti, Katherine, 40	596	<b>66.961</b>	1													66.961	
Papa, Diana, 44	597	<b>66.922</b>	1													66.922	
Kessler, Becky, 39	597	<b>66.922</b>	1													66.922	

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Orzolek, Charlotte, 31	599	<b>66.905</b>	1			66.905											
Capozzi, Erica, 46	600	<b>66.863</b>	1			66.863											
Santelli, Ana, 43	601	<b>66.853</b>	1		66.853												
Nabinger, Amanda, 32	602	<b>66.767</b>	1														66.767
Karback, Lindsay, 27	603	<b>66.693</b>	1		66.693												
Howe, Ellen, 47	604	<b>66.667</b>	1		66.667												
Natoli-burns, Emily, 44	605	<b>66.647</b>	1												66.647		
raina.tinker@gmail.com, Raina, 4	605	<b>66.647</b>	1												66.647		
Briscoe, Gretchen, 43	605	<b>66.647</b>	1												66.647		
Martin, Amy, 43	605	<b>66.647</b>	1												66.647		
Geary, Kaitlyn, 17	609	<b>66.589</b>	1									66.589					
Stack, Barbara, 37	610	<b>66.567</b>	1												66.567		
Hedman, Kara, 34	611	<b>66.534</b>	1		66.534												
Shepard, Katia, 31	612	<b>66.533</b>	1					66.533									
Wolcott, Sheryl, 45	613	<b>66.508</b>	1		66.508												
Reardon, Kathleen, 62	614	<b>66.488</b>	1												66.488		
McCullough, Jalisa, 32	615	<b>66.375</b>	1													66.375	
Respass, Hilary, 57	615	<b>66.375</b>	1													66.375	
McCrobie, Joanne, 62	617	<b>66.308</b>	1			66.308											
Fisher, Evelyn, 30	618	<b>66.258</b>	1						66.258								
Derousie, Laurie, 55	619	<b>66.193</b>	1		66.193												
Kenney, Jaime, 14	620	<b>66.172</b>	1												66.172		
Browning, LJ, 23	621	<b>66.154</b>	1				66.154										
Dennis, Megan, 24	622	<b>66.084</b>	1			66.084											

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Foster, Harley, 27	623	<b>66.064</b>	1			66.064											
Baker, Micki, 59	624	<b>66.015</b>	1												66.015		
Strobert, Alycia, 46	624	<b>66.015</b>	1												66.015		
Parkinson, Erin, 25	626	<b>66.003</b>	1			66.003											
Lupinetti, Jessica, 33	627	<b>65.890</b>	1							65.890							
Birnbaum, Lisa, 39	628	<b>65.842</b>	1			65.842											
Johnson, Sarah, 24	629	<b>65.820</b>	1														65.820
Ruder, Leah, 9	630	<b>65.799</b>	1													65.799	
Elston, Anna, 10	631	<b>65.782</b>	1												65.782		
Elston, Heather, 50	631	<b>65.782</b>	1												65.782		
Dowling, Rachel, 44	631	<b>65.782</b>	1								65.782						
Hebert, Elizabeth, 71	634	<b>65.778</b>	1				65.778										
Garber, Melanie, 33	635	<b>65.744</b>	1							65.744							
Kiessling, Sarah, 34	636	<b>65.743</b>	1												65.743		
Louison, Vernita, 51	637	<b>65.685</b>	1													65.685	
Caserta, Mary, 65	638	<b>65.668</b>	1														65.668
Petito, Gianna, 36	638	<b>65.668</b>	1														65.668
Avery, Kimberlee, 40	640	<b>65.647</b>	1													65.647	
Parnell, Christine, 47	641	<b>65.597</b>	1		65.597												
Madden, Hannah, 26	642	<b>65.541</b>	1			65.541											
Thoen, Sue, 52	643	<b>65.520</b>	1		65.520												
Popham, Brissana, 27	644	<b>65.495</b>	1													65.495	
Swarthout, Emma, 29	645	<b>65.494</b>	1		65.494												
Betts, Rachel, 31	646	<b>65.473</b>	1												65.473		

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Kleist, Kathryn, 32	647	<b>65.420</b>	1														65.420
Collins, Heather, 35	648	<b>65.396</b>	1														65.396
Rice, Karin, 34	649	<b>65.392</b>	1		65.392												
Fletcher, Cameron, 23	650	<b>65.382</b>	1														65.382
Schwartz, Sarah, 46	651	<b>65.358</b>	1								65.358						
DePeters, Sarah, 43	652	<b>65.307</b>	1														65.307
Kleist, Annabelle, 39	652	<b>65.307</b>	1														65.307
Betron, Christine, 55	654	<b>65.277</b>	1									65.277					
Valvano, Joy, 61	655	<b>65.239</b>	1		65.239												
Gilchrist, Maddison, 11	656	<b>65.167</b>	1														65.167
Comstock, Keirah, 52	657	<b>65.132</b>	1							65.132							
Cole, Carin, 53	658	<b>65.113</b>	1		65.113												
Clark, Brittney, 30	659	<b>65.087</b>	1		65.087												
Lerczak, Nicki, 51	659	<b>65.087</b>	1		65.087												
Mittleman, Emily, 32	661	<b>65.086</b>	1			65.086											
Skiba, Gabrielle, 21	662	<b>65.020</b>	1									65.020					
Cowan, Kristen, 35	663	<b>64.986</b>	1		64.986												
Gallivan, Julie, 44	664	<b>64.977</b>	1														64.977
Gallardo, Victoria, 37	665	<b>64.968</b>	1		64.968												
Vega, Keyra, 46	666	<b>64.918</b>	1							64.918							
Nead, Karen, 54	667	<b>64.883</b>	1							64.883							
O'Donoghue, Margaret, 38	668	<b>64.872</b>	1									64.872					
Happ, Stephanie, 42	669	<b>64.793</b>	1		64.793												
Malchoff, Ann, 60	670	<b>64.776</b>	1							64.776							

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Wojnowski, Mary, 55	671	<b>64.760</b>	1		64.760												
Denecke, Lillian, 24	672	<b>64.685</b>	1		64.685												
Larson, Alexandra, 29	673	<b>64.671</b>	1							64.671							
Tonovitz, Kimberly, 45	674	<b>64.611</b>	1		64.611												
Fredley, Debbie, 45	675	<b>64.602</b>	1													64.602	
Cahalan, Shannon, 26	676	<b>64.585</b>	1								64.585						
Hoffman, Megan, 23	677	<b>64.532</b>	1					64.532									
Armstrong, Jessica, 48	678	<b>64.530</b>	1									64.530					
Dickson, Hannah, 26	679	<b>64.522</b>	1									64.522					
McNichol, Caitlyn, 25	680	<b>64.346</b>	1													64.346	
Stappenbeck, Amy, 58	681	<b>64.339</b>	1												64.339		
Appleton, Amy, 54	682	<b>64.302</b>	1												64.302		
Reigle, Betsey, 50	683	<b>64.288</b>	1		64.288												
Laity, Lori, 44	684	<b>64.282</b>	1					64.282									
Cottorone, Melissa, 27	685	<b>64.251</b>	1							64.251							
Canfield, Amanda, 26	686	<b>64.237</b>	1													64.237	
Harling, Margaret, 53	687	<b>64.231</b>	1														64.231
Fredley, Skylar, 16	688	<b>64.201</b>	1													64.201	
Thomas, Kris, 63	689	<b>64.194</b>	1			64.194											
Meyer, Anna, 51	690	<b>64.086</b>	1														64.086
Grant Zarrella, Carolyn, 58	691	<b>64.056</b>	1													64.056	
Hann, Maureen, 47	692	<b>63.959</b>	1									63.959					
Perry, Nancy, 54	693	<b>63.945</b>	1		63.945												
Spring, Jemi, 37	694	<b>63.860</b>	1														63.860

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
White, Mary, 60	695	<b>63.775</b>	1		63.775												
MacDougall, Erin, 26	696	<b>63.720</b>	1			63.720											
DiMarco, Allison, 52	697	<b>63.697</b>	1													63.697	
Buick, Theresa, 51	698	<b>63.685</b>	1										63.685				
Birkland, Amber, 48	699	<b>63.678</b>	1		63.678												
Kreppel, Elizabeth, 27	700	<b>63.626</b>	1									63.626					
Semler, Acacia, 42	701	<b>63.605</b>	1		63.605												
Tobolski, Julie, 45	702	<b>63.563</b>	1									63.563					
Lobb, Mary, 41	703	<b>63.520</b>	1													63.520	
Braendel, Jeannie, 57	703	<b>63.520</b>	1													63.520	
Erdos, Hannah, 32	705	<b>63.494</b>	1			63.494											
Strumpf, Sarah, 28	706	<b>63.437</b>	1		63.437												
Magin, Rachel, 38	707	<b>63.391</b>	1									63.391					
Marciano, Rhonda, 36	708	<b>63.365</b>	1		63.365												
Kessler, Amanda, 37	708	<b>63.365</b>	1		63.365												
Fleishman, Jennifer, 49	710	<b>63.364</b>	1			63.364											
Kiff, Diane, 65	711	<b>63.345</b>	1			63.345											
THEUER, ALISON, 42	712	<b>63.237</b>	1													63.237	
Butts, Julia, 23	713	<b>63.122</b>	1			63.122											
Gobena, Selamawit, 57	714	<b>63.113</b>	1														63.113
Ferguson, Kelly, 33	715	<b>63.079</b>	1		63.079												
Vasquez, Isabel, 26	716	<b>63.030</b>	1			63.030											
Watkins, Ekaterina, 33	717	<b>63.017</b>	1									63.017					
Sobel, Heather, 54	718	<b>63.012</b>	1			63.012											

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Ryan, Jennifer, 28	719	<b>63.008</b>	1		63.008												
Beichner, Rebecca, 34	720	<b>63.002</b>	1									63.002					
Ross, Jessica, 24	721	<b>62.990</b>	1							62.990							
Smith, Laura, 42	722	<b>62.975</b>	1			62.975											
Kee, Ellen, 31	723	<b>62.954</b>	1														62.954
Silsby, Heidi, 35	724	<b>62.937</b>	1		62.937												
French, Paula, 46	725	<b>62.894</b>	1														62.894
Coleman, Shea, 39	726	<b>62.888</b>	1												62.888		
Palumbo, Jennifer, 39	727	<b>62.866</b>	1		62.866												
Holbrook, Juliana, 37	728	<b>62.865</b>	1			62.865											
Luce, Karen, 63	729	<b>62.852</b>	1														62.852
Becker, Vivian, 28	730	<b>62.828</b>	1			62.828											
Biondolillo, Heather, 50	731	<b>62.748</b>	1		62.748												
Arnold, Mira, 15	731	<b>62.748</b>	1														62.748
Frasier, Christal, 30	731	<b>62.748</b>	1		62.748												
Anderson, Rebecca, 26	734	<b>62.718</b>	1			62.718											
Dowdle, MacKenzie, 25	734	<b>62.718</b>	1			62.718											
daniel, jackie, 45	736	<b>62.708</b>	1				62.708										
Munkwitz, Nicole, 51	737	<b>62.694</b>	1									62.694					
Tschudi, Laurie, 71	738	<b>62.686</b>	1										62.686				
Lyle, Heather, 52	739	<b>62.678</b>	1		62.678												
Dolan, Hannah, 30	740	<b>62.631</b>	1		62.631												
Pilger, Jacquie, 31	741	<b>62.607</b>	1		62.607												
Hahn, Sonia, 69	742	<b>62.576</b>	1														62.576

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Stankey, Kimberly, 49	743	<b>62.570</b>	1												62.570		
Vormbrock, Amy, 32	744	<b>62.537</b>	1		62.537												
Burdick, Maureen, 55	745	<b>62.514</b>	1		62.514												
Lanahan, Erin, 25	746	<b>62.491</b>	1		62.491												
Zaffuto, Christina, 29	747	<b>62.482</b>	1			62.482											
Carnevale, Brooke, 35	747	<b>62.482</b>	1			62.482											
Ralph, Gloria, 63	749	<b>62.459</b>	2												30.989	31.470	
Wheaton, Tracy, 33	750	<b>62.329</b>	1							62.329							
Roddenbery, Rachael, 30	751	<b>62.325</b>	1												62.325		
Merchan, Evellyn, 32	752	<b>62.283</b>	1			62.283											
Sinnott, Kelly, 44	753	<b>62.282</b>	1		62.282												
Beaudet, Deena, 60	754	<b>62.264</b>	1							62.264							
Nicol, Jolissa, 24	754	<b>62.264</b>	1							62.264							
Nagao, Rina, 42	756	<b>62.232</b>	1							62.232							
Phelps, Jody, 41	757	<b>62.212</b>	1		62.212												
Dankey, Maria, 12	758	<b>62.186</b>	1												62.186		
Merz, Kerrie, 51	759	<b>62.120</b>	1		62.120												
Hainsworth, Grace, 22	760	<b>62.097</b>	1													62.097	
Lum, Hannah, 21	760	<b>62.097</b>	1													62.097	
Kohn, Philippa, 36	762	<b>62.074</b>	1		62.074												
Wilson, Courtney, 28	762	<b>62.074</b>	1		62.074												
Cratsley, Lori, 53	764	<b>62.050</b>	1			62.050											
Pringle-Wallace, Julia, 30	765	<b>62.029</b>	1													62.029	
Prinzi, Michelle, 56	766	<b>62.013</b>	1												62.013		



## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Paolino, Julia, 20	767	<b>62.012</b>	1									62.012					
Thomsen, Jessica, 35	768	<b>61.979</b>	1			61.979											
Buckley, Leslie, 51	769	<b>61.960</b>	1									61.960					
Arcarese, Shay, 38	770	<b>61.943</b>	1			61.943											
Galliford, Kristen, 42	771	<b>61.936</b>	1		61.936												
Hurley, Margaret, 60	772	<b>61.891</b>	1		61.891												
Estes, Andrea, 31	773	<b>61.876</b>	1												61.876		
Zambuto, Luba, 76	773	<b>61.876</b>	1												61.876		
Cummings, Janine, 39	775	<b>61.843</b>	1							61.843							
Bonfanti, Jennifer, 48	776	<b>61.833</b>	1								61.833						
Fuller, Karen, 40	777	<b>61.827</b>	1													61.827	
Weeks, Brittany, 32	778	<b>61.766</b>	1			61.766											
Brundage, Sarah, 40	779	<b>61.765</b>	1						61.765								
Goodman, Kristen, 47	780	<b>61.754</b>	1		61.754												
Loewke, Kate, 47	780	<b>61.754</b>	1		61.754												
Becker, Cindy, 68	782	<b>61.726</b>	1													61.726	
Brutovski, Sarah, 49	783	<b>61.704</b>	1												61.704		
Thornhill, Michelle, 42	784	<b>61.618</b>	1		61.618												
Schnepf, Lin, 63	785	<b>61.607</b>	1			61.607											
Carpenter, Kelsey, 28	786	<b>61.593</b>	1													61.593	
Linderman, Kayla, 15	787	<b>61.568</b>	1												61.568		
Williams, Jenna, 26	788	<b>61.500</b>	1									61.500					
Cummins, Erin, 27	789	<b>61.479</b>	1														61.479
Miller, Deborah, 63	790	<b>61.437</b>	1		61.437												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Czubinski, Colleen, 44	791	<b>61.430</b>	1								61.430						
Wazowicz, Rene, 49	792	<b>61.399</b>	1												61.399		
Monachino, Amy, 51	793	<b>61.392</b>	1		61.392												
Finch, Rebecca, 41	794	<b>61.360</b>	1													61.360	
Fernaays, Sara, 40	795	<b>61.345</b>	1									61.345					
McKinley, Barbara, 61	796	<b>61.325</b>	1		61.325												
Ducailloux, Ophélie, 25	797	<b>61.269</b>	1							61.269							
Hill, Corinna, 31	798	<b>61.234</b>	1														61.234
Elias, Adeline, 13	799	<b>61.228</b>	1													61.228	
VanBoden, Brett, 22	800	<b>61.213</b>	1		61.213												
Vache, Gabrielle, 11	801	<b>61.206</b>	1							61.206							
Sezer, Sara, 39	802	<b>61.195</b>	1													61.195	
Woodhams, Elyse, 31	803	<b>61.193</b>	1				61.193										
Motschwiller, Tia, 40	804	<b>61.185</b>	1								61.185						
Departout, Mary, 35	805	<b>61.169</b>	1				61.169										
Fallon, Claire, 12	806	<b>61.168</b>	1		61.168												
Kindler, Molly, 28	806	<b>61.168</b>	1		61.168												
Fallon, Katie, 40	808	<b>61.146</b>	1		61.146												
McGowan, Amanda, 33	808	<b>61.146</b>	1		61.146												
Casto, Cayley, 28	808	<b>61.146</b>	1		61.146												
Hecht, Hannah, 31	811	<b>61.096</b>	1													61.096	
France, Noel, 43	812	<b>61.017</b>	1							61.017							
Christ, Rachel, 19	813	<b>61.012</b>	1		61.012												
Nelson, Lily, 19	814	<b>60.996</b>	1									60.996					

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Adamson, Joanna, 47	815	<b>60.857</b>	1		60.857												
Monnat, Stephanie, 31	816	<b>60.773</b>	1			60.773											
Wilke, Mila, 12	817	<b>60.770</b>	1													60.770	
Wilke, Lucy, 43	817	<b>60.770</b>	1													60.770	
Krusch, Deborah, 63	819	<b>60.731</b>	1														60.731
Walls, Sarah, 43	820	<b>60.725</b>	1		60.725												
Madway, Ariel, 30	821	<b>60.659</b>	1		60.659												
Carter, Jill, 44	822	<b>60.657</b>	1									60.657					
Planty, Amy, 53	823	<b>60.585</b>	1					60.585									
Hulsey, Caroline, 7	824	<b>60.563</b>	1				60.563										
O'Donnell, Hailey, 19	825	<b>60.535</b>	1									60.535					
Ede, Ruby, 19	825	<b>60.535</b>	1									60.535					
Ferraro, Meredith, 44	827	<b>60.505</b>	1		60.505												
Baker, Alison, 44	828	<b>60.484</b>	1		60.484												
Cahalan, Anna, 21	829	<b>60.479</b>	1								60.479						
Barclay, Jackie, 24	830	<b>60.466</b>	1													60.466	
Lighthouse, Jessica, 40	831	<b>60.462</b>	1		60.462												
Ryan, Nikki, 51	831	<b>60.462</b>	1		60.462												
Baillargeon, Kaylyn, 28	833	<b>60.459</b>	1					60.459									
Coleman, Laura, 63	834	<b>60.436</b>	1														60.436
Manchester, Julia, 30	834	<b>60.436</b>	1														60.436
Coykendall, Valerie, 62	836	<b>60.401</b>	1												60.401		
Fitzgerald, Amanda, 39	837	<b>60.396</b>	1		60.396												
DiLella, Amanda, 52	838	<b>60.368</b>	1												60.368		

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Gianakakis, Kate, 11	839	<b>60.318</b>	1														60.318
Clark, Coral, 9	840	<b>60.302</b>	1					60.302									
Schrenker, Lori, 54	841	<b>60.286</b>	1														60.286
Treadwell, Courtney, 30	842	<b>60.243</b>	1							60.243							
Hems, Caroline, 26	843	<b>60.238</b>	1													60.238	
Anderson, Emma, 19	844	<b>60.230</b>	1									60.230					
Nash, Kelly, 51	845	<b>60.201</b>	1		60.201												
Levitsky, Kimberly, 53	846	<b>60.173</b>	1													60.173	
Edison, Ann, 44	847	<b>60.162</b>	1			60.162											
Ormson, Katherine, 57	848	<b>60.131</b>	1									60.131					
Bisig, Amanda, 36	849	<b>60.117</b>	1									60.117					
Seitz, Lindsey, 42	850	<b>60.108</b>	1													60.108	
Hager-Carbonara, Daniela, 63	851	<b>60.095</b>	1			60.095											
Lincoln, Lisa, 40	852	<b>60.091</b>	1							60.091							
Hamilton, Sherri, 47	853	<b>60.061</b>	1				60.061										
Reynolds-Limner, Cheley, 56	854	<b>60.029</b>	1		60.029												
Brusdao, Beth, 57	855	<b>60.000</b>	1														60.000
Kratky, Janel, 49	856	<b>59.978</b>	1													59.978	
Kenney, Claire, 52	857	<b>59.963</b>	1									59.963					
Hulsey, Finley, 10	858	<b>59.960</b>	1				59.960										
Hendrick, Heidi, 49	859	<b>59.900</b>	1		59.900												
Starr, Amanda, 35	860	<b>59.879</b>	1							59.879							
Orr, Jillian, 21	861	<b>59.837</b>	1									59.837					
Elliott, Emily, 31	862	<b>59.836</b>	1		59.836												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Johnson, Nicole, 37	863	<b>59.835</b>	1					59.835									
Carter, Robin, 43	864	<b>59.818</b>	1												59.818		
Morphet, Brianna, 28	865	<b>59.772</b>	1		59.772												
Schumacher, Molly, 12	866	<b>59.716</b>	1													59.716	
Baker, Tegan, 13	867	<b>59.698</b>	1							59.698							
Chapman, Jennifer, 47	868	<b>59.690</b>	1												59.690		
Orr, Leslie, 62	869	<b>59.685</b>	1													59.685	
Olin, Ashley, 29	870	<b>59.679</b>	1			59.679											
Manalastas, Kathleen, 39	871	<b>59.658</b>	1												59.658		
Kisler, Holly, 51	872	<b>59.654</b>	1													59.654	
Norton, Martha, 26	873	<b>59.644</b>	1		59.644												
Killip, Sarah, 24	874	<b>59.639</b>	1							59.639							
Pedrotti, Kristen, 34	875	<b>59.626</b>	1												59.626		
Hudson, Krista, 36	875	<b>59.626</b>	1												59.626		
Killip, Barbara, 57	877	<b>59.609</b>	1							59.609							
LaDuca, Heidi, 55	878	<b>59.562</b>	1												59.562		
Douglass, Violet, 41	879	<b>59.538</b>	1		59.538												
George, Meghan, 33	880	<b>59.498</b>	1													59.498	
Conderman, Noelle, 24	881	<b>59.448</b>	1			59.448											
Ebenhoe, Elsbeth, 45	882	<b>59.435</b>	1													59.435	
Sansone, Jenny, 53	883	<b>59.432</b>	1			59.432											
Ferrantino, Andrea, 42	884	<b>59.404</b>	1													59.404	
Cushman, Cassandra, 34	885	<b>59.400</b>	1							59.400							
Feltner, Eileen, 66	886	<b>59.399</b>	1			59.399											

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Fantauzzi, Daisy, 50	887	<b>59.350</b>	1			59.350											
Newell, Jen, 43	888	<b>59.348</b>	1		59.348												
Arena-Amesbury, Vanessa, 41	888	<b>59.348</b>	1		59.348												
Caton, Catherine, 24	890	<b>59.281</b>	1							59.281							
Rumora, Janine, 37	891	<b>59.252</b>	1			59.252											
Bartell, Alicia, 35	891	<b>59.252</b>	1							59.252							
Haukom, Lindsay, 20	891	<b>59.252</b>	1							59.252							
Pane, Laurie, 52	894	<b>59.245</b>	1												59.245		
Parks, Aurora, 14	895	<b>59.244</b>	1		59.244												
Forsythe, Jennifer, 47	896	<b>59.199</b>	1														59.199
Hartigan, Kathleen, 54	896	<b>59.199</b>	1														59.199
Guard, Zoe, 35	898	<b>59.193</b>	1							59.193							
Greenbaum, Molly, 27	899	<b>59.187</b>	1			59.187											
Morgan, Hazel, 8	900	<b>59.136</b>	1				59.136										
Tuff, Alissa, 9	901	<b>59.126</b>	1													59.126	
Goodfellow, Lauren, 29	902	<b>59.056</b>	1		59.056												
Orlando, Lisa, 56	903	<b>59.041</b>	1			59.041											
Schild, Erin, 42	904	<b>59.035</b>	1		59.035												
Dey, Layla, 7	905	<b>59.020</b>	1				59.020										
Switzer, Ashly, 38	906	<b>59.014</b>	1		59.014												
Menge Maguire, Molly, 42	907	<b>59.004</b>	1													59.004	
Price, Megan, 35	908	<b>58.973</b>	1		58.973												
Gallaher, Anna, 26	908	<b>58.973</b>	1													58.973	
Guset, Sofia, 11	910	<b>58.964</b>	1												58.964		

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Beard, Jaimie, 32	911	<b>58.910</b>	<b>1</b>		58.910												
Woods, Amy, 32	912	<b>58.881</b>	<b>1</b>													58.881	
Lawrence, Priscilla, 75	912	<b>58.881</b>	<b>1</b>													58.881	
Hibbard, Amy, 49	914	<b>58.828</b>	<b>1</b>		58.828												
Lusardi, Alissa, 34	915	<b>58.816</b>	<b>1</b>			58.816											
Rogers, Ashley, 27	916	<b>58.798</b>	<b>1</b>														58.798
Bryan, Laura, 34	917	<b>58.786</b>	<b>1</b>		58.786												
Burlee, Caitlin, 27	918	<b>58.767</b>	<b>1</b>			58.767											
Cohen, Allison, 31	919	<b>58.760</b>	<b>1</b>													58.760	
Phillips, Hannah, 13	920	<b>58.754</b>	<b>1</b>							58.754							
Giambra, Mallory, 34	921	<b>58.735</b>	<b>1</b>			58.735											
Gregoire, Kathy, 63	922	<b>58.725</b>	<b>1</b>		58.725												
Phillips, Abigail, 22	922	<b>58.725</b>	<b>1</b>							58.725							
Newell, Lucy, 11	922	<b>58.725</b>	<b>1</b>							58.725							
Bierley, Sarah, 49	925	<b>58.667</b>	<b>1</b>							58.667							
Carroll, Denise, 47	926	<b>58.663</b>	<b>1</b>		58.663												
Gardner, Lisa, 52	926	<b>58.663</b>	<b>1</b>		58.663												
STAEBELL, MICHELLE, 39	928	<b>58.609</b>	<b>1</b>							58.609							
Farrell, Kristi, 29	929	<b>58.560</b>	<b>1</b>			58.560											
Trudel, Rachelle, 33	929	<b>58.560</b>	<b>1</b>		58.560												
Andersen, Hannah, 30	931	<b>58.469</b>	<b>1</b>												58.469		
Mayback, Mandy, 39	932	<b>58.418</b>	<b>1</b>		58.418												
Garvey, Therese, 35	933	<b>58.385</b>	<b>1</b>			58.385											
Zerbe, Bethany, 56	934	<b>58.361</b>	<b>1</b>									58.361					

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Bowles, Sophie, 29	935	<b>58.357</b>	<b>1</b>		58.357												
Collins, Nicole, 42	936	<b>58.354</b>	<b>1</b>			58.354											
Cushman, Kelsey, 29	937	<b>58.321</b>	<b>1</b>							58.321							
Stepanek, Erica, 41	938	<b>58.316</b>	<b>1</b>		58.316												
Mahoney, Jessica, 43	938	<b>58.316</b>	<b>1</b>												58.316		
Bianchi, Erika, 36	938	<b>58.316</b>	<b>1</b>												58.316		
Conderman, Elizabeth, 54	941	<b>58.291</b>	<b>1</b>			58.291											
Cariola, Katherine, 43	942	<b>58.275</b>	<b>1</b>		58.275												
Hineline, Amy, 46	943	<b>58.259</b>	<b>1</b>			58.259											
Seelman, Anna, 10	944	<b>58.221</b>	<b>1</b>				58.221										
Jasmin, Bambi, 52	945	<b>58.218</b>	<b>1</b>													58.218	
Pothos, Eva, 14	946	<b>58.207</b>	<b>1</b>							58.207							
Rositano, Carolyn, 33	947	<b>58.118</b>	<b>1</b>			58.118											
Fetterman, Brittane, 29	947	<b>58.118</b>	<b>1</b>			58.118											
Turner, Cathy, 61	947	<b>58.118</b>	<b>1</b>			58.118											
Austin, Susie, 35	950	<b>58.114</b>	<b>1</b>		58.114												
Kludt, Jillian, 40	951	<b>58.073</b>	<b>1</b>		58.073												
Phillips, Allison, 28	952	<b>58.024</b>	<b>1</b>			58.024											
Wolanski, Olivia, 22	953	<b>57.951</b>	<b>1</b>													57.951	
Hermanson, Erika, 24	954	<b>57.923</b>	<b>1</b>							57.923							
Deege, Willa, 11	955	<b>57.922</b>	<b>1</b>													57.922	
Sherwood, Mackenzie, 29	956	<b>57.893</b>	<b>1</b>		57.893												
Emerson, Maureen, 70	957	<b>57.892</b>	<b>1</b>													57.892	
Conrow, Cara, 38	958	<b>57.833</b>	<b>1</b>													57.833	



## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Nauerth, Kelly, 33	959	<b>57.821</b>	1			57.821											
Mesiti, Karyn, 44	960	<b>57.806</b>	1			57.806											
McCardle, Lindsay, 40	961	<b>57.759</b>	1			57.759											
Royce, Emily, 39	962	<b>57.754</b>	1							57.754							
Lok, Amy, 50	962	<b>57.754</b>	1							57.754							
Riccio, Sam, 29	964	<b>57.748</b>	1					57.748									
Goodwin, Jen, 36	965	<b>57.726</b>	1							57.726							
Armstrong, Janelle, 38	966	<b>57.713</b>	1			57.713											
Angel, Meghan, 37	967	<b>57.694</b>	1		57.694												
Gingerich, Alexandra, 31	968	<b>57.690</b>	1					57.690									
Claus, Hannah, 23	969	<b>57.657</b>	1													57.657	
Williams, Marylou, 56	970	<b>57.642</b>	1							57.642							
Coghlan, Tami, 37	971	<b>57.628</b>	1													57.628	
Siciliano, Marissa, 24	971	<b>57.628</b>	1													57.628	
Frumusa, Gabrielle, 26	973	<b>57.623</b>	1												57.623		
Frumusa, Julianna, 23	973	<b>57.623</b>	1												57.623		
Black, Whitney, 25	975	<b>57.614</b>	1		57.614												
McCarten, Janet, 55	975	<b>57.614</b>	1		57.614												
Young, Elizabeth, 57	977	<b>57.576</b>	1														57.576
Fien, Kristin, 58	978	<b>57.575</b>	1		57.575												
Spatola, Megan, 44	979	<b>57.570</b>	1													57.570	
Laporta, Charlotte, 44	980	<b>57.559</b>	1			57.559											
Sabatini, Anne, 42	981	<b>57.555</b>	1		57.555												
DiNoto, Jean, 54	981	<b>57.555</b>	1		57.555												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Restivo, Michelle, 43	983	<b>57.496</b>	1		57.496												
Rodina, Dasha, 28	984	<b>57.482</b>	1													57.482	
Haynes, Jenna, 34	984	<b>57.482</b>	1													57.482	
Engel, Kathryn, 38	986	<b>57.476</b>	1		57.476												
KEISTER, GABRIELLE, 51	986	<b>57.476</b>	1		57.476												
Cammarata, Heather, 44	988	<b>57.447</b>	1							57.447							
Bergman, Knickole, 25	989	<b>57.437</b>	1		57.437												
Jakubowski, Bonnie, 54	989	<b>57.437</b>	1		57.437												
Wells, Morgan, 31	991	<b>57.417</b>	1		57.417												
Facchine, Hillary, 31	992	<b>57.391</b>	1							57.391							
Mabee, Evelyn, 12	992	<b>57.391</b>	1							57.391							
Gleason, Anna, 28	994	<b>57.360</b>	1			57.360											
Biondolillo, Christina, 31	995	<b>57.319</b>	1		57.319												
Azimi, Minoo, 58	996	<b>57.308</b>	1													57.308	
Geitner, Sara, 41	997	<b>57.299</b>	1		57.299												
Stulpin, Haylee, 13	998	<b>57.295</b>	1														57.295
Dornbush, Nicole, 40	999	<b>57.280</b>	1													57.280	
Pintar, Christina, 38	1000	<b>57.245</b>	1														57.245
Lutzer, Christie, 50	1001	<b>57.240</b>	1		57.240												
Hains, Brittany, 34	1002	<b>57.207</b>	1			57.207											
Rogers, Julie, 10	1003	<b>57.206</b>	1					57.206									
Perrin, Maureen, 57	1004	<b>57.122</b>	1					57.122									
HENWOOD, EILEEN, 54	1005	<b>57.114</b>	1														57.114
Yonkers, Rachel, 44	1006	<b>57.107</b>	1													57.107	

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Rimore, Alyssa, 35	1006	<b>57.107</b>	<b>1</b>														57.107
Scott, Carly, 26	1008	<b>57.104</b>	<b>1</b>		57.104												
Lang, Katie, 36	1008	<b>57.104</b>	<b>1</b>		57.104												
May, Sarah, 29	1010	<b>57.101</b>	<b>1</b>			57.101											
Becker-Lagos, Sarah, 47	1011	<b>57.088</b>	<b>1</b>							57.088							
Galton, Victoria, 12	1011	<b>57.088</b>	<b>1</b>							57.088							
Dake, Adrienne, 44	1013	<b>57.065</b>	<b>1</b>														57.065
Riccio, Kimberly, 57	1014	<b>56.981</b>	<b>1</b>				56.981										
Blaszak, Haley, 23	1015	<b>56.975</b>	<b>1</b>												56.975		
Hartsough, Amy, 28	1015	<b>56.975</b>	<b>1</b>								56.975						
Toro, Janine, 55	1017	<b>56.964</b>	<b>1</b>														56.964
Haberbusch, Jennifer, 37	1018	<b>56.950</b>	<b>1</b>			56.950											
David, Rachel, 39	1019	<b>56.949</b>	<b>1</b>		56.949												
Potter, Amy, 40	1019	<b>56.949</b>	<b>1</b>		56.949												
Brooks, Erin, 49	1021	<b>56.907</b>	<b>1</b>														56.907
Reynolds, Cristyn, 39	1022	<b>56.875</b>	<b>1</b>			56.875											
Young, Audrianna, 14	1023	<b>56.852</b>	<b>1</b>		56.852												
Raymond, Hannah, 31	1024	<b>56.845</b>	<b>1</b>			56.845											
Taylor, Anna, 52	1025	<b>56.714</b>	<b>1</b>												56.714		
Weiner, Patricia, 53	1026	<b>56.680</b>	<b>1</b>														56.680
Kent, Lauren, 36	1027	<b>56.679</b>	<b>1</b>		56.679												
Taylor, Rebecca, 43	1028	<b>56.652</b>	<b>1</b>							56.652							
Pomerantz, Phyllis, 55	1029	<b>56.624</b>	<b>1</b>														56.624
Williamson, Aleta, 62	1030	<b>56.564</b>	<b>1</b>				56.564										

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Boedo, Emily, 25	1031	<b>56.507</b>	<b>1</b>		56.507												
Goldenberg, Jennifer, 56	1032	<b>56.483</b>	<b>1</b>													56.483	
Way, Hannah, 8	1032	<b>56.483</b>	<b>1</b>													56.483	
Kelly, Kristen, 64	1034	<b>56.450</b>	<b>1</b>		56.450												
Costik, Laura, 45	1035	<b>56.405</b>	<b>1</b>									56.405					
Edwards, Jamie, 44	1036	<b>56.404</b>	<b>1</b>														56.404
Eberhardt, Erika, 34	1037	<b>56.374</b>	<b>1</b>		56.374												
Cipura, Susan, 61	1038	<b>56.336</b>	<b>1</b>		56.336												
Teresi, Maia, 46	1039	<b>56.315</b>	<b>1</b>													56.315	
Arbelo, Jenny, 49	1040	<b>56.259</b>	<b>1</b>													56.259	
Meisenzahl, Erin, 43	1041	<b>56.231</b>	<b>1</b>													56.231	
Schultz, Gina, 30	1042	<b>56.223</b>	<b>1</b>		56.223												
Hicks, Amanda, 36	1043	<b>56.147</b>	<b>1</b>		56.147												
Hamilton, Mollie, 29	1044	<b>56.129</b>	<b>1</b>		56.129												
Steeley, Patty, 54	1045	<b>56.110</b>	<b>1</b>		56.110												
Bedford, Colleen, 46	1046	<b>56.091</b>	<b>1</b>		56.091												
Wilkin, Amy, 58	1047	<b>56.037</b>	<b>1</b>													56.037	
Battaglia, Linda, 59	1048	<b>56.016</b>	<b>1</b>		56.016												
Howcroft-Chapple, Lacey, 36	1049	<b>55.946</b>	<b>1</b>												55.946		
Parmarter, Caroline, 36	1050	<b>55.923</b>	<b>1</b>		55.923												
Caraballo, Kylie, 34	1051	<b>55.918</b>	<b>1</b>												55.918		
Saran, Monique, 45	1052	<b>55.848</b>	<b>1</b>		55.848												
General, Karla, 37	1053	<b>55.829</b>	<b>1</b>			55.829											
Codd, Ashley, 35	1054	<b>55.827</b>	<b>1</b>							55.827							

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Raphaelito, Josie, 36	1055	<b>55.815</b>	<b>1</b>			55.815											
Palacio, Gabriela, 33	1056	<b>55.757</b>	<b>1</b>			55.757											
Marrapese, Lora, 54	1057	<b>55.718</b>	<b>1</b>		55.718												
Johnson, Michelle, 34	1058	<b>55.670</b>	<b>1</b>			55.670											
Welton-Lair, Sarah, 24	1059	<b>55.629</b>	<b>1</b>									55.629					
Johnson, Heather, 31	1060	<b>55.627</b>	<b>1</b>			55.627											
David-West, Sylvia, 41	1061	<b>55.626</b>	<b>1</b>													55.626	
Carter, Stephanie, 39	1062	<b>55.572</b>	<b>1</b>													55.572	
Egan, Abigael, 20	1063	<b>55.569</b>	<b>1</b>									55.569					
Marus, Lynne, 69	1064	<b>55.556</b>	<b>1</b>												55.556		
Hamm, Sarah, 43	1065	<b>55.515</b>	<b>1</b>		55.515												
Richard, Chantal, 40	1066	<b>55.497</b>	<b>1</b>									55.497					
Cox, Elizabeth, 59	1067	<b>55.490</b>	<b>1</b>													55.490	
Maves, Maryanne, 39	1068	<b>55.460</b>	<b>1</b>		55.460												
Price, Denise, 51	1069	<b>55.445</b>	<b>1</b>												55.445		
Salvaggio, Susan, 65	1070	<b>55.442</b>	<b>1</b>		55.442												
neary, Karen, 51	1071	<b>55.409</b>	<b>1</b>													55.409	
Vena, Amy, 37	1072	<b>55.405</b>	<b>1</b>		55.405												
Cooper-Vince, Pam, 70	1073	<b>55.382</b>	<b>1</b>													55.382	
Thurman-Goff, Jessie, 34	1074	<b>55.368</b>	<b>1</b>		55.368												
DeLong, Dana, 46	1074	<b>55.368</b>	<b>1</b>		55.368												
Vermeulen, Valerie, 65	1076	<b>55.350</b>	<b>1</b>		55.350												
Tedone, Diana, 42	1077	<b>55.335</b>	<b>1</b>												55.335		
Bearer, Alison, 42	1078	<b>55.277</b>	<b>1</b>		55.277												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Martin, Christina, 13	1079	<b>55.256</b>	1							55.256							
McLean, Jaimi, 30	1080	<b>55.241</b>	1		55.241												
Kreuser, Megan, 27	1081	<b>55.234</b>	1									55.234					
Ha, Evie, 15	1082	<b>55.194</b>	1													55.194	
Utz, Sarah, 27	1083	<b>55.172</b>	1			55.172											
Rimmer, Reagan, 16	1084	<b>55.156</b>	1														55.156
Lester, Addison, 17	1084	<b>55.156</b>	1														55.156
Newman, Justyn, 25	1086	<b>55.129</b>	1			55.129											
Bennett, Jillian, 25	1086	<b>55.129</b>	1			55.129											
Cox, Rashida, 35	1088	<b>55.073</b>	1			55.073											
Kovar, Amanda, 41	1089	<b>55.051</b>	1							55.051							
Baker, Kristen, 40	1090	<b>54.969</b>	1		54.969												
Benson, Michaelyn, 26	1090	<b>54.969</b>	1		54.969												
Pangal, Julianne, 33	1092	<b>54.962</b>	1									54.962					
HENDERLONG, KATHRYN, 67	1093	<b>54.848</b>	1													54.848	
Smith, Holly, 63	1094	<b>54.821</b>	1			54.821											
Ryan, Lisa, 56	1095	<b>54.807</b>	1		54.807												
Miller, Heather, 34	1095	<b>54.807</b>	1		54.807												
Kurchin, Addie, 26	1097	<b>54.748</b>	1														54.748
Falvo, Lisa, 43	1098	<b>54.737</b>	1													54.737	
Graney, Elizabeth, 16	1099	<b>54.664</b>	1		54.664												
Graney, Jennifer, 45	1099	<b>54.664</b>	1		54.664												
Chichester, Sue, 57	1101	<b>54.630</b>	1													54.630	
Flynn, Kimberly, 41	1102	<b>54.583</b>	1														54.583

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Kraus, Aurora, 23	1103	<b>54.550</b>	<b>1</b>													54.550	
Riorden, Jacqueline, 59	1104	<b>54.540</b>	<b>1</b>		54.540												
Kennedy, Kim, 58	1105	<b>54.532</b>	<b>1</b>													54.532	
Spiegel, Jennie, 56	1106	<b>54.520</b>	<b>1</b>							54.520							
Sehnert, Geri, 58	1107	<b>54.495</b>	<b>1</b>							54.495							
Walters, Megan, 48	1108	<b>54.480</b>	<b>1</b>													54.480	
Vadney, Hollie, 32	1109	<b>54.460</b>	<b>1</b>			54.460											
Kane, Audrey, 61	1110	<b>54.309</b>	<b>1</b>			54.309											
Wooton, Bryanna, 35	1111	<b>54.253</b>	<b>1</b>									54.253					
Lewis, Leia, 15	1112	<b>54.239</b>	<b>1</b>		54.239												
Floriano, Joan, 62	1112	<b>54.239</b>	<b>1</b>		54.239												
OReilly, Lauren, 39	1114	<b>54.222</b>	<b>1</b>							54.222							
Fitch, Sarah, 43	1115	<b>54.204</b>	<b>1</b>		54.204												
Candia, Michelle, 40	1116	<b>54.187</b>	<b>1</b>		54.187												
Smith, Shannon, 48	1117	<b>54.183</b>	<b>1</b>														54.183
Farace, Lori, 47	1118	<b>54.169</b>	<b>1</b>		54.169												
Stein, Melissa, 36	1119	<b>54.168</b>	<b>1</b>														54.168
DeLong, Ashley, 36	1120	<b>54.146</b>	<b>1</b>			54.146											
Wheeland, Lori, 51	1121	<b>54.143</b>	<b>1</b>													54.143	
Burkey-Kelly, Christine, 54	1121	<b>54.143</b>	<b>1</b>													54.143	
Rossetti, Kendra, 40	1123	<b>54.134</b>	<b>1</b>		54.134												
Cobb, Erin, 31	1123	<b>54.134</b>	<b>1</b>		54.134												
Qu, Yang, 50	1125	<b>54.117</b>	<b>1</b>		54.117												
Forbes, Heather, 46	1126	<b>54.091</b>	<b>1</b>													54.091	

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Thompson, Audrey, 28	1127	<b>54.051</b>	1			54.051											
Lombard-Bryce, Karen, 52	1128	<b>54.012</b>	1		54.012												
Wright, Tabatha, 51	1129	<b>53.989</b>	1													53.989	
Roach, Jennifer, 44	1130	<b>53.960</b>	1		53.960												
MULLINS, Dawn, 62	1131	<b>53.952</b>	1								53.952						
Weber, Madison, 21	1132	<b>53.943</b>	1		53.943												
Whitaker, Molly, 11	1133	<b>53.917</b>	1												53.917		
Fries, Gina, 46	1133	<b>53.917</b>	1												53.917		
Wigton, Zoey, 11	1133	<b>53.917</b>	1												53.917		
Merberg, Eileen, 61	1136	<b>53.890</b>	1														53.890
Scott, Mallory, 34	1137	<b>53.873</b>	1		53.873												
Johnson, Melissa, 57	1138	<b>53.865</b>	1												53.865		
Martinez, Lisa, 32	1139	<b>53.804</b>	1		53.804												
Centofanti, Amy, 46	1140	<b>53.787</b>	1		53.787												
Yao, Rose, 28	1141	<b>53.759</b>	1														53.759
Stokes, Katrina, 33	1142	<b>53.708</b>	1													53.708	
Ding, Shuwen, 16	1143	<b>53.707</b>	1							53.707							
Daeschner, Joanna, 50	1144	<b>53.684</b>	1		53.684												
Rus, Nelleke, 29	1145	<b>53.632</b>	1													53.632	
Parker, Marissa, 25	1146	<b>53.563</b>	1		53.563												
Virgilio, Leslie, 68	1147	<b>53.548</b>	1											53.548			
Blue, Teresa, 65	1148	<b>53.541</b>	1									53.541					
Ross, Sharilyn, 56	1149	<b>53.514</b>	1							53.514							
Gill, Mary, 42	1150	<b>53.481</b>	1													53.481	



## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Williams, Ellen, 43	1151	<b>53.479</b>	<b>1</b>									53.479					
Gurnow, Karrie, 44	1152	<b>53.478</b>	<b>1</b>		53.478												
Burleigh, Erin, 43	1153	<b>53.456</b>	<b>1</b>													53.456	
Arnold, Carolyn, 47	1154	<b>53.420</b>	<b>1</b>											53.420			
Muha, Molly, 26	1155	<b>53.359</b>	<b>1</b>		53.359												
Miller, Kim, 54	1156	<b>53.342</b>	<b>1</b>		53.342												
Markert, Kristina, 43	1157	<b>53.325</b>	<b>1</b>		53.325												
Barnes, Marnie, 49	1158	<b>53.324</b>	<b>1</b>												53.324		
Tonovitz, Ellyce, 15	1159	<b>53.257</b>	<b>1</b>		53.257												
Harloff, Megan, 32	1160	<b>53.226</b>	<b>1</b>							53.226							
Haller, Kimberly, 29	1161	<b>53.223</b>	<b>1</b>			53.223											
Demske, Cynthia, 65	1162	<b>53.170</b>	<b>1</b>			53.170											
Hayes, Kelsey, 40	1162	<b>53.170</b>	<b>1</b>			53.170											
Park, Sonia, 42	1162	<b>53.170</b>	<b>1</b>			53.170											
Beglova, Anastasia, 35	1165	<b>53.158</b>	<b>1</b>									53.158					
Linn, Rachael, 39	1166	<b>53.131</b>	<b>1</b>							53.131							
Warner, Jill, 53	1167	<b>53.105</b>	<b>1</b>		53.105												
Bobby, Stephanie, 37	1167	<b>53.105</b>	<b>1</b>		53.105												
O'Brien, Kate, 70	1169	<b>53.083</b>	<b>1</b>								53.083						
Speed, Korine, 39	1170	<b>53.072</b>	<b>1</b>		53.072												
Andrews, Sofia, 18	1171	<b>53.027</b>	<b>1</b>			53.027											
Wicks, Wendy, 61	1172	<b>53.007</b>	<b>1</b>													53.007	
Cole, Carrie, 39	1173	<b>52.988</b>	<b>1</b>		52.988												
Broshears, Hannah, 19	1174	<b>52.987</b>	<b>1</b>			52.987											

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Bird, Lexie, 18	1174	<b>52.987</b>	1			52.987											
Moncman, Lillian, 27	1176	<b>52.971</b>	1		52.971												
Musser, Denise, 52	1177	<b>52.909</b>	1			52.909											
Maggio, Megan, 26	1178	<b>52.908</b>	1													52.908	
Uschold, Amanda, 39	1179	<b>52.845</b>	1			52.845											
Sanecki, Robin, 46	1180	<b>52.832</b>	1			52.832											
Shaw, Kristen, 35	1181	<b>52.767</b>	1			52.767											
Cline, Jenna, 36	1182	<b>52.744</b>	1												52.744		
Simpson, Krista, 38	1183	<b>52.738</b>	1		52.738												
Chase, Delena, 30	1184	<b>52.727</b>	1									52.727					
Truax, Jennifer, 37	1185	<b>52.721</b>	1		52.721												
Morrison, Gina, 51	1186	<b>52.715</b>	1			52.715											
Temple, Heather, 45	1186	<b>52.715</b>	1			52.715											
Talsania, Sue, 54	1188	<b>52.704</b>	1		52.704												
Leibenguth, Brittany, 32	1189	<b>52.683</b>	1							52.683							
Ferretti, Diana, 37	1190	<b>52.660</b>	1							52.660							
Glass, Natalie, 17	1191	<b>52.625</b>	1														52.625
Conine, Jennifer, 56	1192	<b>52.622</b>	1		52.622												
Rehberg, Stephanie, 47	1193	<b>52.587</b>	1			52.587											
Paige, Sharon, 47	1194	<b>52.561</b>	1			52.561											
Mallia-Nather, Laura, 40	1195	<b>52.539</b>	1		52.539												
Mallia-Nather, Alicia, 46	1196	<b>52.523</b>	1		52.523												
Hunt, Sylvia, 20	1197	<b>52.517</b>	1													52.517	
McKeown, Chloe, 30	1198	<b>52.500</b>	1														52.500

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Smock, Amanda, 36	1199	<b>52.490</b>	1		52.490												
Taylor, Caitlin, 31	1200	<b>52.459</b>	1			52.459											
Black, Amanda, 41	1201	<b>52.450</b>	1							52.450							
Petrie, Sydney, 22	1202	<b>52.403</b>	1														52.403
Wojnowski, Suzanna, 22	1203	<b>52.390</b>	1														52.390
Browne, Kristin, 51	1204	<b>52.381</b>	1							52.381							
Park, Mackenzie, 33	1204	<b>52.381</b>	1							52.381							
Perkins, Elizabeth, 23	1206	<b>52.376</b>	1														52.376
Carter, Sydney, 18	1207	<b>52.276</b>	1									52.276					
Abernathy, Janette, 45	1208	<b>52.261</b>	1		52.261												
Cox, Maya, 22	1209	<b>52.252</b>	1														52.252
Pratt, Kelsey, 28	1210	<b>52.196</b>	1		52.196												
Hogan, Nicole, 33	1211	<b>52.179</b>	1			52.179											
Young, Julie, 44	1211	<b>52.179</b>	1		52.179												
Howard, Cheryl, 60	1213	<b>52.167</b>	1			52.167											
Steinwachs, Gabrielle, 34	1214	<b>52.147</b>	1		52.147												
Michalko, Kris, 60	1215	<b>52.137</b>	1					52.137									
Porrey, Joyce, 70	1216	<b>52.132</b>	1														52.132
Forrester, Tricia, 59	1217	<b>52.128</b>	1							52.128							
Foley, Robin, 55	1218	<b>52.114</b>	1		52.114												
Baltzer, Teresa, 53	1219	<b>52.108</b>	1														52.108
Whittington, Caitlin, 40	1219	<b>52.108</b>	1														52.108
Roloson, Julie, 42	1221	<b>52.103</b>	1														52.103
Kinney, Shanna, 48	1222	<b>52.082</b>	1		52.082												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Chesko, Kim, 38	1223	<b>52.066</b>	<b>1</b>			52.066											
Cameron, Kathleen, 46	1224	<b>52.001</b>	<b>1</b>		52.001												
Cej, Liz, 24	1225	<b>51.985</b>	<b>1</b>		51.985												
Reynolds, Betsey, 38	1226	<b>51.969</b>	<b>1</b>		51.969												
Corgel, Colleen, 40	1227	<b>51.965</b>	<b>1</b>													51.965	
Goden, Arisha, 28	1228	<b>51.953</b>	<b>1</b>			51.953											
Burke, Christina, 45	1228	<b>51.953</b>	<b>1</b>		51.953												
Duncan, Tracy, 51	1230	<b>51.915</b>	<b>1</b>			51.915											
Morgan, Lori, 60	1231	<b>51.903</b>	<b>1</b>				51.903										
Lakehal-Ayat, Sarah, 33	1232	<b>51.886</b>	<b>1</b>														51.886
Rosechandler, Robyn, 34	1233	<b>51.885</b>	<b>1</b>												51.885		
GALES, LINDSEY, 29	1234	<b>51.880</b>	<b>1</b>				51.880										
Lakehal-Ayat, Zara, 24	1235	<b>51.872</b>	<b>1</b>														51.872
Salen, Nancy, 60	1236	<b>51.865</b>	<b>1</b>			51.865											
Barrett, Christina, 43	1237	<b>51.840</b>	<b>1</b>			51.840											
Papalouizos, Ellen, 25	1238	<b>51.815</b>	<b>1</b>			51.815											
Bodary, Aubrey, 33	1239	<b>51.812</b>	<b>1</b>												51.812		
Charleston, Amanda, 22	1240	<b>51.808</b>	<b>1</b>		51.808												
Kobel, Rachel, 28	1241	<b>51.803</b>	<b>1</b>			51.803											
Thore, Rachael, 38	1242	<b>51.776</b>	<b>1</b>		51.776												
Woodin Marshall, Erin, 55	1243	<b>51.764</b>	<b>1</b>								51.764						
Reichman, Addison, 13	1244	<b>51.752</b>	<b>1</b>													51.752	
Fraychak, Taylor, 31	1245	<b>51.744</b>	<b>1</b>		51.744												
Huynh, Alana, 23	1246	<b>51.729</b>	<b>1</b>													51.729	

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Morano, Lauren, 22	1246	<b>51.729</b>	<b>1</b>														51.729
Payne, Dana, 41	1248	<b>51.712</b>	<b>1</b>		51.712												
Kegler, Jennifer, 52	1249	<b>51.682</b>	<b>1</b>														51.682
Moscicki, Ann, 40	1250	<b>51.649</b>	<b>1</b>		51.649												
Williams, Sandra, 58	1251	<b>51.644</b>	<b>1</b>													51.644	
Mortimer, Christie, 38	1252	<b>51.635</b>	<b>1</b>														51.635
Campbell, Nancy, 66	1253	<b>51.629</b>	<b>1</b>			51.629											
Johnson, Lena, 52	1254	<b>51.620</b>	<b>1</b>													51.620	
Grundy, Jessica, 39	1255	<b>51.598</b>	<b>1</b>									51.598					
Switzer, Sarah, 40	1256	<b>51.553</b>	<b>1</b>		51.553												
Dodge, Isa, 30	1257	<b>51.541</b>	<b>1</b>														51.541
Pietrzykowski, Jessica, 47	1258	<b>51.522</b>	<b>1</b>		51.522												
Roberts, Anna, 34	1259	<b>51.515</b>	<b>1</b>									51.515					
Sprague, Cora, 10	1260	<b>51.495</b>	<b>1</b>														51.495
Mahar, Ruth, 10	1261	<b>51.471</b>	<b>1</b>														51.471
Pryor, Marilee, 68	1262	<b>51.448</b>	<b>1</b>														51.448
Egolf, Andrea, 53	1263	<b>51.443</b>	<b>1</b>		51.443												
Van Norstrand, Kaylyn, 34	1264	<b>51.406</b>	<b>1</b>							51.406							
Williams, Anna, 27	1264	<b>51.406</b>	<b>1</b>													51.406	
Gullo, Virginia, 77	1266	<b>51.401</b>	<b>1</b>														51.401
Vogt, Justine, 39	1267	<b>51.332</b>	<b>1</b>		51.332												
McDowell, Susan, 42	1268	<b>51.312</b>	<b>1</b>													51.312	
Scully, Deena, 67	1268	<b>51.312</b>	<b>1</b>													51.312	
Rosenthal, Judy, 56	1270	<b>51.309</b>	<b>1</b>														51.309

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Luke, Cydney, 28	1271	<b>51.301</b>	1		51.301												
Ward, Carilyn, 49	1272	<b>51.264</b>	1												51.264		
Levandowski, Brooke, 48	1273	<b>51.262</b>	1													51.262	
Russo, Rebecca, 45	1274	<b>51.241</b>	1												51.241		
Bunn, Avery, 9	1275	<b>51.239</b>	1													51.239	
Andruczyk, Tori, 43	1276	<b>51.238</b>	1		51.238												
Kralles, Emily, 27	1277	<b>51.212</b>	1			51.212											
Patterson, Christina, 38	1278	<b>51.170</b>	1													51.170	
Lougheed, Carrie, 36	1279	<b>51.141</b>	1							51.141							
Brown, Kim, 60	1279	<b>51.141</b>	1							51.141							
Pullano, Kathy, 55	1281	<b>51.124</b>	1													51.124	
Marcus, Karen, 58	1282	<b>51.113</b>	1		51.113												
Monachino, Emily, 26	1282	<b>51.113</b>	1		51.113												
Pickard, Christine, 43	1284	<b>51.101</b>	1													51.101	
Katz, Natalie, 39	1285	<b>51.098</b>	1		51.098												
Mihm, Betsy, 38	1286	<b>51.082</b>	1		51.082												
Crouse, Colleen, 35	1287	<b>51.066</b>	1		51.066												
Black, Brielle, 10	1288	<b>51.053</b>	1							51.053							
Jonasse, Laura, 59	1289	<b>51.042</b>	1			51.042											
Tytler, Jessica, 37	1290	<b>51.030</b>	1												51.030		
Clem, Kimberly, 29	1291	<b>51.009</b>	1													51.009	
Chichester, Renee, 41	1291	<b>51.009</b>	1													51.009	
Reitter, Alissa, 33	1293	<b>50.994</b>	1			50.994											
Moberly, Karen, 40	1294	<b>50.989</b>	1		50.989												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Vicente, Tina, 43	1294	<b>50.989</b>	<b>1</b>		50.989												
Speorl, Jennifer, 40	1296	<b>50.987</b>	<b>1</b>													50.987	
Dwyer, Michele, 52	1296	<b>50.987</b>	<b>1</b>													50.987	
Mead, Catherine, 7	1298	<b>50.979</b>	<b>1</b>						50.979								
Mead, Amelia, 10	1299	<b>50.959</b>	<b>1</b>						50.959								
Salatino, Nancy, 65	1300	<b>50.958</b>	<b>1</b>		50.958												
Williams, Chloe, 31	1301	<b>50.941</b>	<b>1</b>													50.941	
Peters, Naomi, 51	1302	<b>50.906</b>	<b>1</b>														50.906
Beal, Ella, 12	1303	<b>50.865</b>	<b>1</b>		50.865												
Yang, Helen, 35	1304	<b>50.861</b>	<b>1</b>			50.861											
Tenhaeff, Christy, 42	1305	<b>50.850</b>	<b>1</b>													50.850	
Spagnola, Julia, 22	1306	<b>50.811</b>	<b>1</b>					50.811									
Colburn, Jenna, 22	1306	<b>50.811</b>	<b>1</b>					50.811									
Murphy, Julianna, 22	1306	<b>50.811</b>	<b>1</b>					50.811									
Schumacher, Ellie, 16	1309	<b>50.804</b>	<b>1</b>													50.804	
Mullen, Maddie, 16	1310	<b>50.772</b>	<b>1</b>		50.772												
Domondon, Christina, 23	1310	<b>50.772</b>	<b>1</b>		50.772												
Wesley, Celeste, 13	1312	<b>50.769</b>	<b>1</b>							50.769							
Seelman, Gabriella, 8	1313	<b>50.759</b>	<b>1</b>				50.759										
Hanna, Ellis, 13	1314	<b>50.757</b>	<b>1</b>		50.757												
Hawks, Kellie, 44	1315	<b>50.696</b>	<b>1</b>		50.696												
Clarke, Nina, 43	1316	<b>50.691</b>	<b>1</b>													50.691	
Standish, Erica, 35	1317	<b>50.680</b>	<b>1</b>		50.680												
Williamson, Karis, 11	1318	<b>50.656</b>	<b>1</b>					50.656									

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Melendez Tuttle, Sofia, 12	1318	<b>50.656</b>	<b>1</b>					50.656									
Beal, Kelly, 39	1320	<b>50.619</b>	<b>1</b>		50.619												
Lane, Katelyn, 26	1321	<b>50.596</b>	<b>1</b>							50.596							
Galeazzo, Hannah, 6	1322	<b>50.588</b>	<b>1</b>				50.588										
Piacentino, Kat, 32	1323	<b>50.573</b>	<b>1</b>		50.573												
Collins, Melanie, 34	1324	<b>50.553</b>	<b>1</b>							50.553							
Nimeh, Jessie, 50	1325	<b>50.528</b>	<b>1</b>		50.528												
McLaughlin, Courtney, 47	1326	<b>50.467</b>	<b>1</b>		50.467												
Lee, Connie, 64	1327	<b>50.462</b>	<b>1</b>									50.462					
Hartpence, Brooke, 31	1328	<b>50.452</b>	<b>1</b>		50.452												
Dholakia, Kosha, 29	1329	<b>50.445</b>	<b>1</b>			50.445											
Davey, Esther, 17	1330	<b>50.444</b>	<b>1</b>													50.444	
Findlay, Brooke, 29	1331	<b>50.421</b>	<b>1</b>			50.421											
Van Kerkhove, Barbara, 60	1332	<b>50.417</b>	<b>1</b>														50.417
Centola, Jen, 58	1333	<b>50.377</b>	<b>1</b>													50.377	
Blake, Michelle, 28	1334	<b>50.339</b>	<b>1</b>			50.339											
MacKenzie, Lindsay, 41	1335	<b>50.316</b>	<b>1</b>												50.316		
Carlstrom, Andrea, 33	1336	<b>50.303</b>	<b>1</b>			50.303											
Brown, Emily, 24	1337	<b>50.270</b>	<b>1</b>		50.270												
Beckstrom, Kelcy, 24	1338	<b>50.268</b>	<b>1</b>			50.268											
Giles, Jessica, 28	1339	<b>50.260</b>	<b>1</b>				50.260										
Raymond, Deborah, 60	1340	<b>50.255</b>	<b>1</b>		50.255												
Lewis, Chelsea, 30	1341	<b>50.240</b>	<b>1</b>		50.240												
Fisher, Molly, 29	1342	<b>50.233</b>	<b>1</b>			50.233											



## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Moore, Jodi, 53	1343	<b>50.190</b>	1							50.190							
Messenger, Sarah, 25	1343	<b>50.190</b>	1							50.190							
Russell, Danielle, 29	1345	<b>50.169</b>	1							50.169							
Roets, Brandie, 48	1346	<b>50.090</b>	1		50.090												
McGrath, Lori, 54	1346	<b>50.090</b>	1		50.090												
Unger, Julia, 42	1348	<b>50.023</b>	1			50.023											
Davey, Elizabeth, 43	1349	<b>50.022</b>	1													50.022	
Coughlan, Jaime, 36	1350	<b>50.015</b>	1		50.015												
Philbrick, Amanda, 29	1351	<b>49.965</b>	1			49.965											
McDade Clay, Maranne, 57	1352	<b>49.940</b>	1		49.940												
Carvalho, Camilla, 22	1353	<b>49.930</b>	1			49.930											
MacLeod, Samantha, 30	1354	<b>49.912</b>	1													49.912	
Leszak, Paula, 63	1355	<b>49.834</b>	1				49.834										
Buckley, Jennifer, 39	1356	<b>49.827</b>	1			49.827											
Sprague, Rebecca, 43	1357	<b>49.825</b>	1													49.825	
Barton, Cora, 13	1358	<b>49.799</b>	1												49.799		
Hogden, Viki, 53	1359	<b>49.792</b>	1		49.792												
Barton, Kasey, 45	1360	<b>49.777</b>	1												49.777		
Ohman, Kristine, 56	1361	<b>49.759</b>	1													49.759	
Meyers, Marti, 62	1362	<b>49.738</b>	1													49.738	
Donnelly, Stephanie, 62	1363	<b>49.732</b>	1												49.732		
Smith, Tahani, 12	1364	<b>49.694</b>	1													49.694	
Eberstein, Laura, 62	1365	<b>49.689</b>	1		49.689												
Brado, Lucy, 35	1366	<b>49.666</b>	1												49.666		

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Kozhinova, Olga, 38	1367	<b>49.513</b>	<b>1</b>		49.513												
Rogner, Carla, 25	1368	<b>49.483</b>	<b>1</b>		49.483												
Murray, Kelly, 40	1369	<b>49.472</b>	<b>1</b>			49.472											
Grover, Pamela, 51	1370	<b>49.440</b>	<b>1</b>		49.440												
Kuvshnikov, Ashley, 36	1371	<b>49.413</b>	<b>1</b>													49.413	
Boucheron, Ada, 9	1372	<b>49.402</b>	<b>1</b>												49.402		
Mackenzie, Mac, 79	1373	<b>49.381</b>	<b>1</b>			49.381											
Coon, Jamie, 35	1374	<b>49.358</b>	<b>1</b>												49.358		
Nichols, Quinn, 9	1375	<b>49.356</b>	<b>1</b>						49.356								
Drake, Lauri, 53	1376	<b>49.351</b>	<b>1</b>								49.351						
Parks, Karen Marie, 68	1377	<b>49.306</b>	<b>1</b>													49.306	
Telesca, Andrea, 31	1378	<b>49.249</b>	<b>1</b>												49.249		
McLellan, Erin, 44	1379	<b>49.246</b>	<b>1</b>			49.246											
Prevost, Jessica, 37	1380	<b>49.227</b>	<b>1</b>												49.227		
Drake, Katie, 26	1381	<b>49.201</b>	<b>1</b>			49.201											
Shavick, Margaret, 68	1382	<b>49.199</b>	<b>1</b>													49.199	
Ogie, Anna, 14	1383	<b>49.184</b>	<b>1</b>												49.184		
Molinari, Amy, 42	1384	<b>49.178</b>	<b>1</b>		49.178												
Sigurdson, Danielle, 35	1385	<b>49.157</b>	<b>1</b>													49.157	
Stenabaugh, Lucy, 8	1386	<b>49.152</b>	<b>1</b>						49.152								
McGuire, Lynda, 75	1387	<b>49.129</b>	<b>1</b>								49.129						
Penmetsa, Amulya, 34	1388	<b>49.111</b>	<b>1</b>							49.111							
Motsay, Catherine, 13	1389	<b>49.106</b>	<b>1</b>		49.106												
Job, Kaelyn, 14	1390	<b>49.097</b>	<b>1</b>												49.097		

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Zito, Elena, 32	1390	<b>49.097</b>	<b>1</b>														49.097
Schove, Tamara, 48	1392	<b>49.092</b>	<b>1</b>		49.092												
Calhoun, Natalie, 25	1393	<b>49.072</b>	<b>1</b>														49.072
Proctor, Erica, 33	1394	<b>49.071</b>	<b>1</b>							49.071							
Benjamin, Braelyn, 31	1395	<b>48.990</b>	<b>1</b>							48.990							
MacDonald, Christine, 42	1396	<b>48.977</b>	<b>1</b>		48.977												
Heintz, Jalyn, 6	1397	<b>48.929</b>	<b>1</b>							48.929							
Lincoln, Laura Beth, 40	1398	<b>48.885</b>	<b>1</b>														48.885
Phillips, Aimée, 44	1399	<b>48.861</b>	<b>1</b>												48.861		
Rubenstein, Bethany, 28	1400	<b>48.801</b>	<b>1</b>														48.801
Sattler-Leblanc, Cha Ron, 53	1401	<b>48.796</b>	<b>1</b>												48.796		
Brookes, Sarah, 37	1402	<b>48.735</b>	<b>1</b>		48.735												
Kleine, Judy, 60	1403	<b>48.701</b>	<b>1</b>			48.701											
Chrisman, Jean, 54	1404	<b>48.697</b>	<b>1</b>					48.697									
Tuttle, Sarah, 44	1405	<b>48.677</b>	<b>1</b>					48.677									
Parker, Jessica, 36	1405	<b>48.677</b>	<b>1</b>					48.677									
Etlinger, Rebecca, 45	1407	<b>48.664</b>	<b>1</b>		48.664												
Holtby, Kate, 29	1407	<b>48.664</b>	<b>1</b>		48.664												
Back, Kristina, 28	1409	<b>48.635</b>	<b>1</b>			48.635											
Hoffman, Caitlin, 39	1410	<b>48.631</b>	<b>1</b>													48.631	
Hughes, Tysy, 33	1411	<b>48.629</b>	<b>1</b>						48.629								
Cross, Mickalene, 48	1412	<b>48.613</b>	<b>1</b>									48.613					
Westfall, Portia, 49	1413	<b>48.611</b>	<b>1</b>													48.611	
Healy, Mary Ann, 78	1414	<b>48.563</b>	<b>1</b>												48.563		

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Forte, Pepper, 61	1415	<b>48.558</b>	1			48.558											
Lalka, Larissa, 51	1416	<b>48.528</b>	1													48.528	
Meyer, Ashley, 37	1417	<b>48.507</b>	1													48.507	
Hall, Marie, 47	1418	<b>48.494</b>	1					48.494									
Merkey, Emma, 26	1419	<b>48.467</b>	1		48.467												
Dowdle, Sydney, 31	1420	<b>48.450</b>	1							48.450							
Kane, Jen, 34	1421	<b>48.449</b>	1			48.449											
Donohoe, Kerri, 49	1422	<b>48.397</b>	1		48.397												
Mitchell, Kathrine, 27	1423	<b>48.352</b>	1					48.352									
Frye, Robin, 59	1424	<b>48.351</b>	1			48.351											
Morey, Ashley, 26	1425	<b>48.332</b>	1					48.332									
Gage, Julianna, 38	1426	<b>48.331</b>	1												48.331		
O'Keefe, Margaret, 59	1427	<b>48.300</b>	1		48.300												
Holfoth, Rosemary, 56	1428	<b>48.272</b>	1		48.272												
Robbins, Laura, 42	1429	<b>48.258</b>	1		48.258												
Stulpin, Natasha, 40	1430	<b>48.243</b>	1			48.243											
LoPiano, Margaret, 38	1431	<b>48.214</b>	1							48.214							
Attwell, Penny, 73	1432	<b>48.151</b>	1					48.151									
Long, Emmaline, 32	1433	<b>48.147</b>	1		48.147												
Chauhan, Prashali, 29	1434	<b>48.103</b>	1			48.103											
Robson, Allison, 27	1435	<b>48.078</b>	1		48.078												
M Bunn, Cara, 43	1436	<b>48.015</b>	1													48.015	
Talbot, Karen, 63	1437	<b>47.996</b>	1			47.996											
Koplitz, Michelle, 38	1438	<b>47.963</b>	1			47.963											

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Giese, Gina, 53	1439	<b>47.937</b>	1									47.937					
Chefalo, Allison, 30	1440	<b>47.927</b>	1		47.927												
Monsanto, Maria, 27	1441	<b>47.921</b>	1			47.921											
Arellano, Stephanie, 30	1442	<b>47.836</b>	1			47.836											
Traver, Theresa, 36	1443	<b>47.817</b>	1		47.817												
Page, Kim, 39	1444	<b>47.768</b>	1							47.768							
Jay, Cynthia, 67	1445	<b>47.736</b>	1		47.736												
Woods, Elizabeth, 48	1446	<b>47.711</b>	1												47.711		
Miller, Becca, 42	1447	<b>47.709</b>	1		47.709												
Behlok, Katie, 23	1448	<b>47.677</b>	1			47.677											
Boehly-Ashton, Christine, 52	1449	<b>47.653</b>	1													47.653	
Castrechini, Kaley, 13	1450	<b>47.650</b>	1												47.650		
Bodell, Sarah, 28	1451	<b>47.635</b>	1			47.635											
Stevenson, Katy, 43	1452	<b>47.633</b>	1													47.633	
Babcock, Tara, 56	1453	<b>47.598</b>	1					47.598									
Shelley, Heidi, 57	1454	<b>47.561</b>	1			47.561											
Holl, Melissa, 56	1454	<b>47.561</b>	1			47.561											
Frank, Christine, 47	1456	<b>47.548</b>	1												47.548		
Marie Faughnan, Ann, 62	1457	<b>47.533</b>	1									47.533					
Mercik, Amy, 50	1457	<b>47.533</b>	1									47.533					
Taylor, Sarah, 29	1459	<b>47.498</b>	1			47.498											
Casilio, Lisa, 57	1460	<b>47.479</b>	1		47.479												
Woodhams, Kathleen, 58	1461	<b>47.442</b>	1					47.442									
Barry, Andrea, 32	1462	<b>47.436</b>	1			47.436											

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Leigh, Jennifer, 23	1463	<b>47.415</b>	1			47.415											
Guerrero, Gianna, 12	1464	<b>47.406</b>	1							47.406							
Dermody, Shannon, 30	1465	<b>47.398</b>	1		47.398												
Dykstra, Esther, 20	1466	<b>47.368</b>	1							47.368							
Blaakman, Felicity, 22	1467	<b>47.350</b>	1							47.350							
Schaeffer, Jeanne, 59	1468	<b>47.331</b>	1							47.331							
Moyer, Izzy, 21	1469	<b>47.321</b>	1			47.321											
Hathaway, Ava, 17	1470	<b>47.291</b>	1		47.291												
Bishop, Meredith, 19	1471	<b>47.229</b>	1					47.229									
Medve, Rachel, 36	1472	<b>47.198</b>	1		47.198												
Kohl, Toni, 36	1473	<b>47.185</b>	1		47.185												
Kraatz, Summer, 41	1474	<b>47.158</b>	1		47.158												
Vogt, Tabatha, 50	1474	<b>47.158</b>	1		47.158												
Sandford, Lauren, 27	1476	<b>47.118</b>	1		47.118												
Andersen, Erica, 32	1476	<b>47.118</b>	1		47.118												
Rogers, Lyla, 7	1478	<b>47.076</b>	1					47.076									
Petty, Jenna, 35	1479	<b>47.068</b>	1							47.068							
Rivera, Estrella, 34	1480	<b>47.037</b>	1					47.037									
Blackall, Julie, 39	1481	<b>47.013</b>	1		47.013												
Mosko, Stella, 9	1482	<b>47.012</b>	1							47.012							
Fitzwater, Kaylee, 13	1483	<b>46.999</b>	1		46.999												
Bloodworth, Melanie, 44	1484	<b>46.983</b>	1													46.983	
Johnson, Sarah, 30	1484	<b>46.983</b>	1													46.983	
Shirin, Ahona, 23	1486	<b>46.970</b>	1			46.970											

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Fitzwater, Sarah, 38	1487	<b>46.920</b>	1		46.920												
Fitzwater, Addison, 13	1488	<b>46.907</b>	1		46.907												
Ryan, Melissa, 52	1489	<b>46.903</b>	1									46.903					
Evans, Jenna, 36	1490	<b>46.901</b>	1							46.901							
Schrank, Michelle, 35	1490	<b>46.901</b>	1							46.901							
Lettenberger, Patty, 61	1490	<b>46.901</b>	1							46.901							
Klaver, Brianna, 30	1493	<b>46.845</b>	1							46.845							
Krzywicki, Kyle, 39	1494	<b>46.838</b>	1			46.838											
GERMANO, TARA, 56	1495	<b>46.803</b>	1		46.803												
Lawrick, Emery, 10	1496	<b>46.731</b>	1												46.731		
Pelligra, Deb, 65	1497	<b>46.656</b>	1													46.656	
Marino, Rosie, 10	1498	<b>46.653</b>	1												46.653		
Hosmer, Kham, 54	1499	<b>46.568</b>	1		46.568												
LaRocca, Brenda, 54	1500	<b>46.555</b>	1												46.555		
Moore, Haley, 33	1501	<b>46.434</b>	1			46.434											
Paddock, Carol, 47	1502	<b>46.401</b>	1		46.401												
Langley-Cass, Megan, 34	1503	<b>46.389</b>	1													46.389	
Schwager, Stacie, 30	1504	<b>46.388</b>	1							46.388							
Wade, Lysa, 39	1504	<b>46.388</b>	1		46.388												
Cooper, Deb, 54	1506	<b>46.385</b>	1														46.385
Weidert, Laurie, 42	1507	<b>46.375</b>	1		46.375												
Heard, Nichole, 49	1508	<b>46.352</b>	1							46.352							
Shedler, Katie, 40	1509	<b>46.324</b>	1		46.324												
Lyons, Megan, 48	1510	<b>46.276</b>	1													46.276	

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Fergusson, Marjorie, 11	1511	<b>46.257</b>	<b>1</b>														46.257
Sirianni, Suzanne, 52	1512	<b>46.244</b>	<b>1</b>									46.244					
Broderick, Quin, 6	1513	<b>46.227</b>	<b>1</b>													46.227	
Montgomery, Elena, 36	1514	<b>46.222</b>	<b>1</b>		46.222												
Broderick, Brittany, 39	1515	<b>46.189</b>	<b>1</b>													46.189	
Mayberry, Tammy, 48	1516	<b>46.182</b>	<b>1</b>														46.182
Ruckdeschel, Raychelle, 8	1517	<b>46.107</b>	<b>1</b>														46.107
Hopkins, Lexi, 13	1518	<b>46.047</b>	<b>1</b>							46.047							
Bryce, Lori, 52	1519	<b>46.032</b>	<b>1</b>														46.032
Smith, Bonnie, 43	1520	<b>46.019</b>	<b>1</b>		46.019												
Baker, Patricia, 62	1521	<b>46.006</b>	<b>1</b>		46.006												
Shekell, Ashley, 37	1522	<b>45.998</b>	<b>1</b>													45.998	
Lingle, Jennifer, 47	1523	<b>45.979</b>	<b>1</b>													45.979	
Rubenstein, Jacqueline, 66	1524	<b>45.925</b>	<b>1</b>														45.925
Cantwell, CJ, 61	1525	<b>45.893</b>	<b>1</b>		45.893												
Sherr, Laura, 54	1526	<b>45.886</b>	<b>1</b>							45.886							
Hillery, Abby, 22	1527	<b>45.832</b>	<b>1</b>			45.832											
Zunner, Katherine, 40	1528	<b>45.816</b>	<b>1</b>							45.816							
Daniels, Anelle, 10	1528	<b>45.816</b>	<b>1</b>							45.816							
Cycon, Megan, 22	1530	<b>45.812</b>	<b>1</b>			45.812											
Scheele -King, Kristin, 52	1531	<b>45.810</b>	<b>1</b>				45.810										
Zunner-Daniels, Kelly, 42	1532	<b>45.763</b>	<b>1</b>							45.763							
Estes, Evelyn, 9	1533	<b>45.608</b>	<b>1</b>														45.608
Estes, Ali, 37	1534	<b>45.571</b>	<b>1</b>														45.571



## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Alletto, Alex, 27	1535	<b>45.543</b>	1		45.543												
Bowen, Lauren, 40	1536	<b>45.473</b>	1												45.473		
Way, Wendy, 48	1537	<b>45.465</b>	1							45.465							
Coon, Marian, 61	1538	<b>45.418</b>	1												45.418		
DuBreck, Catherine, 30	1538	<b>45.418</b>	1												45.418		
Buchanan, Debbie, 67	1540	<b>45.340</b>	1			45.340											
Taylor, Nicole, 38	1541	<b>45.227</b>	1													45.227	
Weisensel, Kelly, 53	1541	<b>45.227</b>	1													45.227	
Vogler-Elias, Dawn, 43	1543	<b>45.209</b>	1													45.209	
Seagroves, Amy, 35	1544	<b>45.195</b>	1				45.195										
Andrews, Jane, 71	1545	<b>45.191</b>	1													45.191	
Cantrell, Anna, 30	1546	<b>45.173</b>	1													45.173	
Gerstenberger, Julie, 59	1546	<b>45.173</b>	1													45.173	
Thompkins, Jessica, 34	1548	<b>45.171</b>	1							45.171							
Cooney, Tina, 45	1549	<b>45.034</b>	1							45.034							
Majoros, Mary, 52	1550	<b>45.023</b>	1									45.023					
Decker, Samantha, 13	1551	<b>44.905</b>	1												44.905		
Decker, Shannon, 39	1551	<b>44.905</b>	1												44.905		
Letzring, Isabella, 10	1553	<b>44.898</b>	1							44.898							
Iler, Julie, 51	1554	<b>44.887</b>	1												44.887		
Garlipp, Bailey, 28	1555	<b>44.870</b>	1													44.870	
Whitehair, Debbie, 59	1555	<b>44.870</b>	1					44.870									
Proctor, Michelle, 41	1557	<b>44.815</b>	1												44.815		
Boisey, Alli, 21	1558	<b>44.813</b>	1		44.813												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Lord, Stacy, 40	1559	<b>44.797</b>	1														44.797
Wagner, Morgan, 33	1560	<b>44.773</b>	1								44.773						
Waite, April, 46	1561	<b>44.705</b>	1		44.705												
Thiemel, Jeanine, 60	1562	<b>44.670</b>	1		44.670												
McKinney, Colleen, 29	1563	<b>44.635</b>	1			44.635											
Wissick, Michelle, 54	1564	<b>44.634</b>	1		44.634												
Cline, Cathy, 51	1565	<b>44.608</b>	1			44.608											
Logan, Maggie, 39	1566	<b>44.589</b>	1			44.589											
Krawczyk, Diane, 51	1567	<b>44.551</b>	1		44.551												
Gilbert, Neteiri, 12	1568	<b>44.379</b>	1														44.379
Christo, Therese, 69	1569	<b>44.327</b>	1														44.327
Evans, Tonya, 30	1570	<b>44.265</b>	1				44.265										
Unamann, Carrie, 55	1571	<b>44.232</b>	1			44.232											
Gillio, Margaret, 50	1572	<b>44.229</b>	1							44.229							
Urban Spillane, Allison, 25	1573	<b>44.213</b>	1							44.213							
Floyd, Kristin, 34	1574	<b>44.186</b>	1														44.186
Guastaferrro, Andi, 30	1574	<b>44.186</b>	1														44.186
Floyd, Ashley, 36	1576	<b>44.176</b>	1														44.176
Reed-Watt, Cheri, 52	1577	<b>44.094</b>	1		44.094												
Hauck, Jillian, 31	1578	<b>44.030</b>	1														44.030
Hathaway, Alisa, 51	1579	<b>43.909</b>	1		43.909												
Gurak, Susan, 60	1580	<b>43.897</b>	1		43.897												
Davies, Shannon, 54	1581	<b>43.886</b>	1		43.886												
Welch, Kendra, 45	1581	<b>43.886</b>	1		43.886												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Jefferds, Cindy, 49	1583	<b>43.828</b>	<b>1</b>		43.828												
Gruttadauro, Sharon, 52	1584	<b>43.783</b>	<b>1</b>		43.783												
Agosto, Carole, 63	1585	<b>43.781</b>	<b>1</b>													43.781	
Powers, Colleen, 58	1586	<b>43.756</b>	<b>1</b>			43.756											
Sickelco, Christina, 39	1587	<b>43.739</b>	<b>1</b>			43.739											
Cross, Tatiana, 36	1587	<b>43.739</b>	<b>1</b>			43.739											
Kubisa, Meaghan, 38	1589	<b>43.685</b>	<b>1</b>			43.685											
Spillane, Linda, 64	1590	<b>43.660</b>	<b>1</b>							43.660							
Mullen, Charlotte, 14	1591	<b>43.623</b>	<b>1</b>		43.623												
Katinger, Alli, 53	1592	<b>43.612</b>	<b>1</b>							43.612							
Mullen, Jill, 45	1593	<b>43.600</b>	<b>1</b>		43.600												
Mulligan, Lori, 58	1594	<b>43.547</b>	<b>1</b>													43.547	
Maki, Amanda, 38	1595	<b>43.544</b>	<b>1</b>			43.544											
Barczys, Kelli, 44	1596	<b>43.535</b>	<b>1</b>			43.535											
Pearson, Bailey, 25	1597	<b>43.491</b>	<b>1</b>			43.491											
Fultz, Molly, 25	1598	<b>43.436</b>	<b>1</b>													43.436	
Herrmann, Joanne, 51	1599	<b>43.431</b>	<b>1</b>		43.431												
Parks, Lorinda, 50	1600	<b>43.375</b>	<b>1</b>		43.375												
Miles, Chloe, 22	1601	<b>43.218</b>	<b>1</b>		43.218												
Shannon, Karen, 59	1602	<b>43.091</b>	<b>1</b>			43.091											
Wright, Jessica, 36	1603	<b>43.083</b>	<b>1</b>													43.083	
Pittenger, Sandra, 38	1604	<b>43.067</b>	<b>1</b>													43.067	
Meinhold, Nora, 11	1605	<b>43.059</b>	<b>1</b>							43.059							
Kelsey, Emily, 35	1606	<b>43.043</b>	<b>1</b>							43.043							

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Matkosky, Amanda, 32	1607	<b>43.041</b>	<b>1</b>		43.041												
Pfeil, Lori, 60	1608	<b>43.012</b>	<b>1</b>							43.012							
Rye-An, Lauren, 29	1609	<b>42.971</b>	<b>1</b>													42.971	
Emmerling, Karen, 58	1610	<b>42.930</b>	<b>1</b>		42.930												
Johnson, Marsha, 74	1611	<b>42.919</b>	<b>1</b>		42.919												
Butler, Erika, 32	1612	<b>42.888</b>	<b>1</b>							42.888							
Curry, Stacey, 69	1613	<b>42.869</b>	<b>1</b>			42.869											
Dean, Lily, 8	1614	<b>42.847</b>	<b>1</b>					42.847									
McFarlane, Melissa, 44	1614	<b>42.847</b>	<b>1</b>					42.847									
Wystup, Stacy, 35	1616	<b>42.843</b>	<b>1</b>		42.843												
Gibble, Katie, 51	1616	<b>42.843</b>	<b>1</b>		42.843												
Motsay, Robyn, 50	1618	<b>42.788</b>	<b>1</b>		42.788												
Coyle, Katie, 62	1619	<b>42.731</b>	<b>1</b>								42.731						
Schneider, Carly, 30	1620	<b>42.703</b>	<b>1</b>							42.703							
Kenney-Zimmerli, Andrea, 50	1621	<b>42.679</b>	<b>1</b>		42.679												
Tantalo, Jeanna, 45	1621	<b>42.679</b>	<b>1</b>		42.679												
Meinhold, Katie, 40	1623	<b>42.657</b>	<b>1</b>							42.657							
Pschierer, Kristina, 30	1624	<b>42.655</b>	<b>1</b>												42.655		
Mercado, Kara, 10	1625	<b>42.611</b>	<b>1</b>							42.611							
Sun, Jain, 42	1625	<b>42.611</b>	<b>1</b>							42.611							
Webb, Jade, 29	1627	<b>42.606</b>	<b>1</b>			42.606											
Ablir, Kim, 26	1628	<b>42.538</b>	<b>1</b>			42.538											
Burris, Kathleen, 40	1629	<b>42.430</b>	<b>1</b>		42.430												
Perez Colby, Jeanette, 48	1630	<b>42.398</b>	<b>1</b>		42.398												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Hershey, Jessica, 43	1631	<b>42.299</b>	1												42.299		
Stone, Martha, 64	1632	<b>42.236</b>	1													42.236	
Lawrick, Wesley, 4	1633	<b>42.219</b>	1												42.219		
Kielbasa, Shelby, 33	1634	<b>42.217</b>	1							42.217							
Lawrick, Julia, 40	1635	<b>42.203</b>	1												42.203		
Elliott, Kristine, 54	1636	<b>42.188</b>	1							42.188							
Singer, Patti, 65	1637	<b>42.160</b>	1								42.160						
Gillette, Jillian, 34	1638	<b>42.065</b>	1			42.065											
Keller, Terra, 38	1639	<b>42.064</b>	1													42.064	
Brown, Kimberly, 44	1640	<b>42.058</b>	1		42.058												
Wendel, Susan, 64	1641	<b>42.053</b>	1							42.053							
Mosko, Kendyl, 11	1642	<b>41.994</b>	1							41.994							
popolizio, mary lou, 70	1642	<b>41.994</b>	1							41.994							
Dibble, Olivia, 18	1644	<b>41.971</b>	1													41.971	
Smith, Hannah, 28	1645	<b>41.967</b>	1			41.967											
Anderson, Iy'liin, 12	1646	<b>41.956</b>	1													41.956	
Bell, Shannon, 51	1647	<b>41.902</b>	1												41.902		
Cowan, Rosemary, 66	1648	<b>41.894</b>	1													41.894	
English, Julie, 47	1649	<b>41.887</b>	1					41.887									
Devins, Julie, 53	1650	<b>41.879</b>	1		41.879												
Terwilliger, Tracy, 53	1650	<b>41.879</b>	1		41.879												
Kenyon, Miranda, 38	1650	<b>41.879</b>	1		41.879												
Wyckoff, Lauren, 33	1653	<b>41.858</b>	1		41.858												
Griffith, Kara, 32	1653	<b>41.858</b>	1		41.858												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Schneider, Jessica, 40	1653	<b>41.858</b>	1		41.858												
English, Sarah, 17	1656	<b>41.856</b>	1					41.856									
Delia, Catherine, 55	1657	<b>41.817</b>	1													41.817	
Streb, Amy, 33	1658	<b>41.816</b>	1							41.816							
English, Mary, 19	1659	<b>41.811</b>	1					41.811									
Degro-Carbonel, Rebecca, 50	1660	<b>41.702</b>	1		41.702												
Lagendyk, Danielle, 32	1661	<b>41.660</b>	1		41.660												
Godambe, Megha, 50	1662	<b>41.640</b>	1							41.640							
Hindle, Nicole, 36	1663	<b>41.597</b>	1							41.597							
Benton, Michelle, 42	1664	<b>41.538</b>	1			41.538											
Loveless, Laurie, 53	1665	<b>41.451</b>	1													41.451	
Ponder, Haddie, 23	1666	<b>41.450</b>	1			41.450											
Stevenson, Heather, 53	1667	<b>41.345</b>	1													41.345	
Quirk, Claudia, 62	1667	<b>41.345</b>	1													41.345	
Yildirim, Joanne, 61	1669	<b>41.330</b>	1													41.330	
Fenton, Richelle, 49	1670	<b>41.291</b>	1			41.291											
Schwan, Jacquie, 54	1671	<b>41.255</b>	1													41.255	
DeWitt, Karen, 47	1671	<b>41.255</b>	1													41.255	
Cole, Jaima, 22	1673	<b>41.240</b>	1													41.240	
Congelli, Izzy, 11	1674	<b>41.236</b>	1							41.236							
Yaddaw, Kelly, 46	1675	<b>41.174</b>	1												41.174		
M Giannotti, Jennie, 60	1676	<b>41.159</b>	1												41.159		
Klein, Brenda, 52	1677	<b>41.151</b>	1													41.151	
Congelli, Jennifer, 41	1678	<b>41.150</b>	1							41.150							

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	<b>Total</b>	<b># of Races</b>	<b>RROY Elig</b>	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Duval, Reagan, 22	1679	<b>41.099</b>	<b>1</b>		41.099												
Gelsomin, Amanda, 38	1680	<b>40.966</b>	<b>1</b>							40.966							
Bennett, Cindy, 60	1681	<b>40.768</b>	<b>1</b>												40.768		
Amato, Bella, 16	1682	<b>40.767</b>	<b>1</b>					40.767									
Craig, Jenn, 59	1683	<b>40.759</b>	<b>1</b>		40.759												
Ortiz, Tatiana, 25	1684	<b>40.755</b>	<b>1</b>							40.755							
Newhall, Madeline, 8	1685	<b>40.607</b>	<b>1</b>													40.607	
Jacobson, Elaine, 68	1686	<b>40.605</b>	<b>1</b>												40.605		
Sturdivant, Mia, 9	1687	<b>40.588</b>	<b>1</b>							40.588							
Kmiecinski, Liz, 67	1688	<b>40.506</b>	<b>1</b>													40.506	
Kmiecinski, Hannah, 30	1689	<b>40.491</b>	<b>1</b>													40.491	
Mcdougald, Brianna, 31	1690	<b>40.367</b>	<b>1</b>							40.367							
Sherman, Amy, 65	1691	<b>40.349</b>	<b>1</b>				40.349										
Petty, Leia, 42	1692	<b>40.333</b>	<b>1</b>													40.333	
Vallance, Lisa, 53	1693	<b>40.308</b>	<b>1</b>		40.308												
Lawton-O'brien, Brianne, 38	1694	<b>40.305</b>	<b>1</b>									40.305					
Hinkley, Jennifer, 31	1695	<b>40.298</b>	<b>1</b>		40.298												
Sigmon, Sarah, 37	1695	<b>40.298</b>	<b>1</b>		40.298												
Pasono, Rita, 66	1697	<b>40.291</b>	<b>1</b>													40.291	
Baciewicz, Gloria, 71	1698	<b>40.285</b>	<b>1</b>							40.285							
Paramanis, Christina, 31	1699	<b>40.173</b>	<b>1</b>		40.173												
McElhinney, Camryn, 11	1700	<b>40.137</b>	<b>1</b>												40.137		
Mcelhinney, Carolyn, 39	1701	<b>40.108</b>	<b>1</b>												40.108		
Weatherell, Michelle, 41	1701	<b>40.108</b>	<b>1</b>							40.108							

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Patel, Jessica, 50	1703	<b>40.079</b>	<b>1</b>														40.079
Milgate, Andrea, 42	1704	<b>40.065</b>	<b>1</b>														40.065
Klingensmith, Valerie, 57	1705	<b>39.995</b>	<b>1</b>														39.995
Catalino, Lora, 29	1706	<b>39.974</b>	<b>1</b>					39.974									
KETTLES, Jennifer, 46	1707	<b>39.933</b>	<b>1</b>														39.933
Ives, KATHY, 52	1708	<b>39.919</b>	<b>1</b>														39.919
Hamilton, Veronica, 27	1709	<b>39.914</b>	<b>1</b>					39.914									
Hadcock, Alexa, 11	1710	<b>39.905</b>	<b>1</b>					39.905									
Ezquerro, Evelyn, 25	1710	<b>39.905</b>	<b>1</b>					39.905									
Chalk, Christina, 43	1712	<b>39.888</b>	<b>1</b>														39.888
Otten, Madelline, 13	1713	<b>39.797</b>	<b>1</b>														39.797
Nolt, Bianca, 27	1714	<b>39.753</b>	<b>1</b>					39.753									
Robinson, Sheila, 59	1715	<b>39.708</b>	<b>1</b>														39.708
Raisanen, Nicole, 40	1716	<b>39.658</b>	<b>1</b>														39.658
Hadcock, Kristen, 47	1717	<b>39.631</b>	<b>1</b>					39.631									
Kayalu, Bakita, 43	1718	<b>39.534</b>	<b>1</b>														39.534
Cagle, Kelsey, 30	1719	<b>39.521</b>	<b>1</b>														39.521
Vanderbroek, Debbie, 56	1720	<b>39.475</b>	<b>1</b>														39.475
Hass, Renee, 48	1720	<b>39.475</b>	<b>1</b>														39.475
Rayburn, Karen, 56	1722	<b>39.435</b>	<b>1</b>														39.435
Rayburn, Kelli, 47	1722	<b>39.435</b>	<b>1</b>														39.435
Newton, Robin, 42	1724	<b>39.429</b>	<b>1</b>														39.429
Fitzgerald, Cecilia, 70	1725	<b>39.416</b>	<b>1</b>														39.416
Gustafson, Terra, 31	1726	<b>39.403</b>	<b>1</b>														39.403



## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Donselaar, Kim, 70	1727	<b>39.390</b>	1							39.390							
Shanks, Evelyn, 13	1728	<b>39.328</b>	1					39.328									
Griffin, Kay, 77	1729	<b>39.262</b>	1					39.262									
Mandrino, Samantha, 32	1730	<b>39.235</b>	1					39.235									
Vongprachanh, Celina, 23	1731	<b>39.220</b>	1													39.220	
Castillorodrigue, Susana, 53	1732	<b>39.185</b>	1									39.185					
Martinez, Desi, 59	1733	<b>39.099</b>	1													39.099	
Mitstifer, Denise, 66	1734	<b>39.097</b>	1			39.097											
Ecker, Donna, 79	1735	<b>39.054</b>	1												39.054		
Ziomek, Jessica, 35	1736	<b>39.018</b>	1														39.018
Hosmer, Lori, 52	1737	<b>39.015</b>	1							39.015							
English, Anita, 49	1738	<b>38.984</b>	1					38.984									
Winterberger, Elizabeth, 21	1739	<b>38.913</b>	1			38.913											
Adriaansen, Jill, 56	1740	<b>38.898</b>	1													38.898	
Oakley, Julia, 44	1741	<b>38.872</b>	1													38.872	
Clarke, Elizabeth, 44	1742	<b>38.824</b>	1							38.824							
Niertit, Elaine, 68	1743	<b>38.811</b>	1							38.811							
Niertit, Amy, 42	1744	<b>38.798</b>	1							38.798							
Pollard, Maria, 61	1745	<b>38.779</b>	1													38.779	
Dittler, Elizabeth, 30	1746	<b>38.673</b>	1													38.673	
Lindsley, Kathy, 74	1747	<b>38.594</b>	1								38.594						
Spano, Sarah, 37	1748	<b>38.542</b>	1													38.542	
Nagle, Jeanne, 62	1749	<b>38.462</b>	1												38.462		
Steblein, Mary, 45	1750	<b>38.459</b>	1							38.459							

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Havens, Holly, 37	1751	<b>38.372</b>	<b>1</b>							38.372							
Duke, Michelle, 41	1752	<b>38.347</b>	<b>1</b>							38.347							
Yeager, Amanda, 18	1753	<b>38.256</b>	<b>1</b>		38.256												
Lavner, Phyllis, 72	1754	<b>38.249</b>	<b>1</b>							38.249							
Hackett, Sarah, 28	1755	<b>38.221</b>	<b>1</b>		38.221												
Illingsworth, Jamie, 44	1756	<b>38.150</b>	<b>1</b>							38.150							
Cooley, Jennifer, 46	1757	<b>38.090</b>	<b>1</b>													38.090	
Collazo, Lindsey, 35	1758	<b>37.996</b>	<b>1</b>		37.996												
Marotta, Lucy, 57	1759	<b>37.987</b>	<b>1</b>		37.987												
HANDT, CATHY, 65	1760	<b>37.979</b>	<b>1</b>		37.979												
Beaudet, Julie, 35	1761	<b>37.955</b>	<b>1</b>							37.955							
Ryan, Katie, 59	1762	<b>37.944</b>	<b>1</b>		37.944												
Bell, Michelle, 50	1763	<b>37.925</b>	<b>1</b>												37.925		
Ciminello, Marianne, 45	1763	<b>37.925</b>	<b>1</b>												37.925		
Walunjkar, Nilima, 29	1765	<b>37.847</b>	<b>1</b>			37.847											
Lopata, Amy, 51	1766	<b>37.835</b>	<b>1</b>												37.835		
Gosney, Michelle, 55	1767	<b>37.816</b>	<b>1</b>		37.816												
Dougherty, Sydney, 15	1768	<b>37.745</b>	<b>1</b>												37.745		
Schoepfel, Lily, 15	1768	<b>37.745</b>	<b>1</b>												37.745		
Courtland, Kellie, 51	1770	<b>37.719</b>	<b>1</b>									37.719					
Headley, Jennafer, 45	1771	<b>37.695</b>	<b>1</b>								37.695						
Lyons, Patty, 71	1772	<b>37.648</b>	<b>1</b>									37.648					
Gilbert, Tanya, 40	1773	<b>37.619</b>	<b>1</b>							37.619							
Grant, Callie, 41	1773	<b>37.619</b>	<b>1</b>							37.619							

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Krzywda, Josephine, 16	1775	<b>37.618</b>	1														37.618
Krzywda, Rebecca, 47	1775	<b>37.618</b>	1														37.618
Ketchum, Shauna, 38	1777	<b>37.595</b>	1							37.595							
Arena, Christina, 42	1778	<b>37.504</b>	1														37.504
Evans, Ann Marie, 63	1779	<b>37.377</b>	1														37.377
Boyer, Mackenzie, 11	1780	<b>37.291</b>	1														37.291
Watts, Alicia, 35	1781	<b>37.288</b>	1							37.288							
Schadler, Lydia, 39	1782	<b>37.267</b>	1					37.267									
Wahl, Anita, 70	1783	<b>37.266</b>	1														37.266
Catalfamo, Jamie, 31	1784	<b>37.207</b>	1					37.207									
Louis, Kristine, 42	1785	<b>37.204</b>	1														37.204
Diefendorf, Maeve, 16	1786	<b>37.195</b>	1		37.195												
Press, Ruby, 16	1786	<b>37.195</b>	1		37.195												
Nemergut, Elene, 51	1788	<b>37.179</b>	1														37.179
Stone, Terra, 48	1789	<b>37.102</b>	1							37.102							
Schaal, Katherine, 27	1790	<b>37.067</b>	1							37.067							
Jacobs, Amy, 20	1791	<b>37.048</b>	1														37.048
Schaal, Mary, 58	1792	<b>37.009</b>	1							37.009							
Dykeman, Emilee, 21	1793	<b>36.988</b>	1														36.988
Adair, Journey, 7	1794	<b>36.940</b>	1														36.940
Zuris, Madison, 22	1795	<b>36.928</b>	1														36.928
Zuris, Katie, 53	1795	<b>36.928</b>	1														36.928
Pellman, Laurie, 58	1795	<b>36.928</b>	1														36.928
Haynes, Joanna, 45	1798	<b>36.843</b>	1		36.843												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	<b>Total</b>	<b># of Races</b>	<b>RROY Elig</b>	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Childs, Rosemary, 64	1799	<b>36.757</b>	<b>1</b>							36.757							
Walleshauer, Caitlin, 37	1800	<b>36.750</b>	<b>1</b>												36.750		
Serrano, Millie, 56	1801	<b>36.746</b>	<b>1</b>		36.746												
Rizzotti, Lyndsey, 40	1801	<b>36.746</b>	<b>1</b>							36.746							
Van Der Jagt, Jan, 72	1803	<b>36.689</b>	<b>1</b>													36.689	
Fowler, Mindy, 31	1804	<b>36.687</b>	<b>1</b>			36.687											
Burchard, Kelsey, 31	1805	<b>36.633</b>	<b>1</b>							36.633							
DeBonzo, Julie, 40	1806	<b>36.621</b>	<b>1</b>							36.621							
Nelk, Patricia, 57	1807	<b>36.554</b>	<b>1</b>		36.554												
Vermeulen, Amanda, 30	1807	<b>36.554</b>	<b>1</b>							36.554							
Dankey, Danielle, 45	1809	<b>36.533</b>	<b>1</b>												36.533		
Gillen, Lindsey, 36	1810	<b>36.513</b>	<b>1</b>													36.513	
Zimmer, Michele, 42	1811	<b>36.442</b>	<b>1</b>													36.442	
Giebel, Amy, 40	1812	<b>36.384</b>	<b>1</b>													36.384	
McAdoo, Heather, 51	1813	<b>36.314</b>	<b>1</b>													36.314	
OConnor, Patti, 71	1814	<b>36.303</b>	<b>1</b>													36.303	
DiPasquale(Straw), Carrie, 47	1815	<b>36.277</b>	<b>1</b>		36.277												
Jermyn, Lorraine, 59	1816	<b>36.275</b>	<b>1</b>							36.275							
Underwood, Morgan, 36	1817	<b>36.210</b>	<b>1</b>													36.210	
DiStefano, Jackie, 67	1818	<b>36.187</b>	<b>1</b>													36.187	
Leavy, Caileen, 34	1819	<b>36.175</b>	<b>1</b>							36.175							
Zunner, Kim, 64	1820	<b>36.164</b>	<b>1</b>							36.164							
Morrison, Amber, 17	1821	<b>36.143</b>	<b>1</b>												36.143		
Lawton, Brianne, 38	1822	<b>36.059</b>	<b>1</b>		36.059												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
French, Cheryl, 47	1823	<b>35.941</b>	1			35.941											
Nacca, Giada, 15	1824	<b>35.921</b>	1												35.921		
Miller, Amanda, 15	1824	<b>35.921</b>	1												35.921		
Maxwell, Jeanette, 58	1826	<b>35.904</b>	1		35.904												
Heintz, Donna, 33	1827	<b>35.902</b>	1							35.902							
Hoppough, Margaret, 34	1827	<b>35.902</b>	1							35.902							
Veeder, Story, 10	1829	<b>35.891</b>	1							35.891							
Hawkins, Eileen, 67	1830	<b>35.864</b>	1									35.864					
Rinas, Ginger, 57	1831	<b>35.815</b>	1							35.815							
Doyle, Lauren, 65	1832	<b>35.755</b>	1													35.755	
Mahon, Mya, 22	1833	<b>35.749</b>	1												35.749		
Thompson, Angela, 41	1834	<b>35.729</b>	1							35.729							
Endres, Dianne, 57	1835	<b>35.644</b>	1							35.644							
Endres, Larina, 31	1835	<b>35.644</b>	1							35.644							
Borgus, Lydia, 34	1837	<b>35.622</b>	1							35.622							
Borrelli, Caroline, 11	1838	<b>35.618</b>	1					35.618									
Nabinger, Mikayla, 18	1839	<b>35.563</b>	1					35.563									
FINOCCHARIO, SALLY, 55	1840	<b>35.552</b>	1					35.552									
NABINGER, ERICA, 39	1840	<b>35.552</b>	1					35.552									
Fetter, Jessica, 15	1842	<b>35.537</b>	1							35.537							
Chock, Dawn, 73	1843	<b>35.419</b>	1												35.419		
Gerenser, Emily, 45	1844	<b>35.376</b>	1													35.376	
Beginski, Amanda, 27	1844	<b>35.376</b>	1													35.376	
Kilpatrick, Jessica, 47	1846	<b>35.292</b>	1		35.292												

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Runion, Julie, 50	1847	<b>35.093</b>	<b>1</b>														35.093
Reeg, Amy, 48	1848	<b>35.074</b>	<b>1</b>														35.074
Stevenson, Katherine, 57	1849	<b>35.003</b>	<b>1</b>							35.003							
Russell, MaryAnne, 60	1850	<b>34.982</b>	<b>1</b>							34.982							
Giebel, Charlotte, 73	1851	<b>34.952</b>	<b>1</b>														34.952
McOmber, Elizabeth, 72	1852	<b>34.909</b>	<b>1</b>														34.909
Burakowski, Elizabeth, 45	1853	<b>34.867</b>	<b>1</b>														34.867
Cocquyt, Ashley, 36	1854	<b>34.859</b>	<b>1</b>							34.859							
Freeman, Lindsay, 41	1854	<b>34.859</b>	<b>1</b>		34.859												
Habza, Laura, 61	1856	<b>34.856</b>	<b>1</b>														34.856
Cocquyt, Nora, 7	1857	<b>34.849</b>	<b>1</b>							34.849							
Brenner, Annette, 53	1858	<b>34.837</b>	<b>1</b>									34.837					
Casper, Abbey, 29	1859	<b>34.595</b>	<b>1</b>							34.595							
Cronmiller, Maggie, 17	1860	<b>34.445</b>	<b>1</b>														34.445
Bartlett, Heather, 51	1861	<b>34.435</b>	<b>1</b>														34.435
Olsan, Tobie, 68	1862	<b>34.423</b>	<b>1</b>														34.423
Nelson, Roziah, 10	1862	<b>34.423</b>	<b>1</b>														34.423
Gorski, Hannah, 24	1864	<b>34.365</b>	<b>1</b>							34.365							
Thompson, Kelsey, 31	1865	<b>34.276</b>	<b>1</b>							34.276							
Hindle, Madelyn, 8	1866	<b>34.256</b>	<b>1</b>							34.256							
Black, Shawna, 30	1867	<b>34.236</b>	<b>1</b>							34.236							
Brown, Yvonne, 45	1868	<b>34.103</b>	<b>1</b>														34.103
Wirojratana, Dana, 28	1868	<b>34.103</b>	<b>1</b>														34.103
Kaminski, Joy, 39	1870	<b>34.098</b>	<b>1</b>														34.098

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Mercado, Paula, 44	1871	<b>34.069</b>	1							34.069							
Rivoli, Daniella, 24	1872	<b>34.062</b>	1													34.062	
Hurley, Ann Marie, 61	1873	<b>34.060</b>	1							34.060							
Kelly, Ashley, 31	1874	<b>33.991</b>	1							33.991							
Allen, Emily, 29	1875	<b>33.953</b>	1							33.953							
Hubbard, Alicia, 30	1876	<b>33.933</b>	1							33.933							
DeWitt, Megan, 39	1877	<b>33.778</b>	1												33.778		
Smith, Barb, 59	1878	<b>33.675</b>	1		33.675												
DeFurio, Lori, 62	1879	<b>33.493</b>	1							33.493							
Zelazny, Amy, 62	1880	<b>33.313</b>	1												33.313		
warr, kali, 19	1880	<b>33.313</b>	1		33.313												
Iuppa, Jess, 31	1882	<b>33.166</b>	1							33.166							
Iuppa, Kristin, 25	1883	<b>33.157</b>	1							33.157							
Polak, Janine, 43	1884	<b>33.125</b>	1												33.125		
Pace, Laurel, 68	1885	<b>32.969</b>	1												32.969		
Garcia, Lyla, 9	1886	<b>32.909</b>	1							32.909							
Beaty, Sierra, 27	1887	<b>32.871</b>	1												32.871		
Nepokroeff, Ana, 25	1887	<b>32.871</b>	1												32.871		
Linn, Julia, 9	1889	<b>32.827</b>	1							32.827							
Predmore, Kelly, 35	1890	<b>32.809</b>	1							32.809							
Hecker, Linda, 76	1891	<b>32.786</b>	1					32.786									
Donnelly, Hannah, 24	1892	<b>32.781</b>	1							32.781							
Donnelly, Robin, 52	1893	<b>32.772</b>	1							32.772							
Neilson, Lauren, 34	1894	<b>32.768</b>	1					32.768									

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Kreher, Sheri, 51	1895	<b>32.760</b>	1		32.760												
Rollog, Elizabeth, 55	1896	<b>32.727</b>	1												32.727		
Guset, Adela, 44	1897	<b>32.717</b>	1												32.717		
Nettles, Katherine, 28	1898	<b>32.688</b>	1												32.688		
Nettles, Michele, 62	1899	<b>32.669</b>	1												32.669		
Calamia, Laura, 31	1900	<b>32.612</b>	1												32.612		
Calamia, Judy, 64	1900	<b>32.612</b>	1												32.612		
Garibaldi, Kristine, 42	1902	<b>32.575</b>	1							32.575							
Graham, Sophie, 15	1903	<b>32.569</b>	1													32.569	
Galley, Morgan, 15	1904	<b>32.560</b>	1													32.560	
Lesio, Linda, 66	1905	<b>32.539</b>	1							32.539							
Volpe- van Dijk, HERMINA, 68	1906	<b>32.512</b>	1							32.512							
Eastlack, Adriana, 40	1907	<b>32.449</b>	1		32.449												
Mucha, Cathy, 45	1907	<b>32.449</b>	1		32.449												
Ciulla, Jackie, 37	1909	<b>32.397</b>	1							32.397							
Ciulla, Brianna, 37	1910	<b>32.309</b>	1							32.309							
Deprez, Nancy, 77	1911	<b>32.249</b>	1		32.249												
DeMott, Deborah, 69	1912	<b>32.243</b>	1		32.243												
Butler, Janice, 70	1912	<b>32.243</b>	1		32.243												
Smith, Denise, 38	1914	<b>32.221</b>	1							32.221							
Orem, Taylor, 31	1915	<b>32.213</b>	1							32.213							
Jacoby, Sumie, 53	1916	<b>32.073</b>	1													32.073	
Hibbard, Sue, 52	1917	<b>32.064</b>	1													32.064	
Baldwin, Gabrielle, 29	1918	<b>32.031</b>	1												32.031		



## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
McDonald, Mary, 43	1919	<b>31.902</b>	<b>1</b>														31.902
Gaitan, Maria, 56	1919	<b>31.902</b>	<b>1</b>														31.902
Parker, Carole, 35	1921	<b>31.848</b>	<b>1</b>													31.848	
Raymer, Amber, 25	1922	<b>31.833</b>	<b>1</b>							31.833							
Parshall, Sarah, 47	1923	<b>31.782</b>	<b>1</b>							31.782							
McNeely, Penny, 51	1924	<b>31.773</b>	<b>1</b>							31.773							
Finzer, Amy, 60	1924	<b>31.773</b>	<b>1</b>							31.773							
Ernsthausen, Michelle, 56	1926	<b>31.769</b>	<b>1</b>														31.769
Kithcart, Kathleen, 25	1927	<b>31.765</b>	<b>1</b>							31.765							
Spinelli, Mary Beth, 44	1928	<b>31.760</b>	<b>1</b>														31.760
Eckerson, Alexa, 14	1929	<b>31.754</b>	<b>1</b>		31.754												
Spinelli, Melissa, 46	1930	<b>31.751</b>	<b>1</b>														31.751
Kithcart, Abigail, 22	1931	<b>31.748</b>	<b>1</b>							31.748							
Husted, Kellie, 37	1932	<b>31.722</b>	<b>1</b>							31.722							
Abraham, Nancy, 63	1933	<b>31.697</b>	<b>1</b>							31.697							
McTarnaghan, Kimberly, 40	1934	<b>31.638</b>	<b>1</b>							31.638							
Barnes, Skye, 16	1935	<b>31.595</b>	<b>1</b>													31.595	
Mroz, Melissa, 41	1936	<b>31.583</b>	<b>1</b>														31.583
Malaret, Bernadette, 65	1936	<b>31.583</b>	<b>1</b>														31.583
McIntosh, Kathryn, 31	1938	<b>31.575</b>	<b>1</b>														31.575
Liddle, Emilie, 31	1938	<b>31.575</b>	<b>1</b>														31.575
Burrows, ShyAnne, 10	1940	<b>31.478</b>	<b>1</b>														31.478
bailie, pamel, 47	1941	<b>31.400</b>	<b>1</b>														31.400
Holloway, Katie, 37	1942	<b>31.320</b>	<b>1</b>													31.320	

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Kapus, Rosa, 64	1942	<b>31.320</b>	<b>1</b>														31.320
Webster, Stacy, 39	1944	<b>31.304</b>	<b>1</b>							31.304							
McAdam, Katelyn, 24	1945	<b>31.296</b>	<b>1</b>							31.296							
Vazzano, Rejina, 35	1946	<b>31.285</b>	<b>1</b>														31.285
Hudak, Amy, 53	1947	<b>31.219</b>	<b>1</b>														31.219
Knox, Karen, 55	1948	<b>31.211</b>	<b>1</b>														31.211
Corwin, Caledonia, 35	1949	<b>31.165</b>	<b>1</b>							31.165							
Lawton, Caitlyn, 42	1950	<b>31.132</b>	<b>1</b>							31.132							
Johnson, Gina, 44	1951	<b>31.124</b>	<b>1</b>							31.124							
Kulp, Lisa, 41	1952	<b>31.116</b>	<b>1</b>							31.116							
Miller, Tami, 38	1953	<b>31.099</b>	<b>1</b>							31.099							
Masterson, Laura, 59	1954	<b>31.058</b>	<b>1</b>														31.058
Lamark, Peg, 67	1955	<b>31.049</b>	<b>1</b>		31.049												
Elkins, Lizzy, 28	1956	<b>31.041</b>	<b>1</b>														31.041
DiPasquale, Ursula, 49	1957	<b>31.033</b>	<b>1</b>														31.033
Masterson, Sarah, 30	1958	<b>31.024</b>	<b>1</b>														31.024
Szalay-Domm, Stefani, 57	1959	<b>31.010</b>	<b>1</b>							31.010							
Toung, Tori, 27	1960	<b>30.986</b>	<b>1</b>							30.986							
Reed, Paige, 31	1961	<b>30.946</b>	<b>1</b>							30.946							
Burkovich, Tracy, 56	1962	<b>30.721</b>	<b>1</b>														30.721
Collins, Karen, 42	1963	<b>30.705</b>	<b>1</b>														30.705
Zurick, Morgan, 33	1964	<b>30.658</b>	<b>1</b>							30.658							
Psaila, Summer, 23	1965	<b>30.626</b>	<b>1</b>							30.626							
Brown, Lindsay, 65	1966	<b>30.548</b>	<b>1</b>														30.548

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<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Ryan, Lisa, 65	1967	<b>30.540</b>	<b>1</b>														30.540
McGrath, Maura, 59	1968	<b>30.532</b>	<b>1</b>														30.532
Hernandez, Brooklyn, 9	1969	<b>30.415</b>	<b>1</b>														30.415
Kiefer, Beth, 35	1970	<b>30.304</b>	<b>1</b>														30.304
McNulty, Alyssa, 18	1971	<b>30.151</b>	<b>1</b>														30.151
Burda, Christy, 52	1972	<b>30.143</b>	<b>1</b>														30.143
Luckey, Beth, 56	1973	<b>30.137</b>	<b>1</b>							30.137							
Zocco, Virginia, 50	1974	<b>30.114</b>	<b>1</b>							30.114							
Eckerson, Rachel, 33	1975	<b>30.041</b>	<b>1</b>		30.041												
Lombino, Karen, 55	1976	<b>30.036</b>	<b>1</b>		30.036												
Brennan, Ann Marie, 59	1977	<b>30.030</b>	<b>1</b>		30.030												
Diamond, MaryAnn, 44	1978	<b>29.950</b>	<b>1</b>		29.950												
Baxter, Cheryl, 62	1979	<b>29.866</b>	<b>1</b>														29.866
Levesque, Caitlin, 36	1979	<b>29.866</b>	<b>1</b>														29.866
Schirmer, Leigh, 41	1981	<b>29.773</b>	<b>1</b>														29.773
Pedulla, Sara, 43	1981	<b>29.773</b>	<b>1</b>														29.773
Pedulla, Emme, 12	1983	<b>29.765</b>	<b>1</b>														29.765
Ramachandran, Gita, 70	1984	<b>29.764</b>	<b>1</b>														29.764
Shores, Courtney, 46	1985	<b>29.757</b>	<b>1</b>														29.757
Powell, Nadine, 37	1986	<b>29.749</b>	<b>1</b>														29.749
Lamay, Deborah, 60	1987	<b>29.707</b>	<b>1</b>							29.707							
Ronco, Renee, 39	1988	<b>29.700</b>	<b>1</b>							29.700							
Lastoria, Cindy, 71	1989	<b>29.679</b>	<b>1</b>														29.679
Livne, Cory, 25	1990	<b>29.678</b>	<b>1</b>							29.678							

## 2023 Rochester Runner of The Year - Overall

<i><b>Female</b></i>	Place	Total	# of Races	RROY Elig	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Scarbinsky, Patricia, 69	1991	<b>29.671</b>	<b>1</b>														29.671
Fenlon, MaryEllen, 65	1992	<b>29.548</b>	<b>1</b>														29.548
Bevona, Devra, 73	1993	<b>29.502</b>	<b>1</b>														29.502
Warren, Tricia, 53	1993	<b>29.502</b>	<b>1</b>		29.502												
Arora, Sangeeta, 43	1995	<b>29.491</b>	<b>1</b>		29.491												
Skirment, Erin, 42	1996	<b>29.479</b>	<b>1</b>														29.479
Snyder, Laurie, 61	1997	<b>29.319</b>	<b>1</b>							29.319							
Gilman, Kathy, 68	1998	<b>28.785</b>	<b>1</b>														28.785
Romano, Joanna, 33	1999	<b>28.618</b>	<b>1</b>														28.618
Hutton, Elizabeth, 33	2000	<b>28.604</b>	<b>1</b>														28.604
White, Yvonne, 60	2001	<b>28.589</b>	<b>1</b>														28.589
Marano, Helen, 76	2002	<b>28.532</b>	<b>1</b>														28.532
Dennison, Debra, 27	2003	<b>28.198</b>	<b>1</b>							28.198							
Schwartz, Jackie, 26	2004	<b>28.057</b>	<b>1</b>														28.057
Magri, Sarah, 50	2005	<b>27.688</b>	<b>1</b>														27.688
Cole, Molly, 9	2006	<b>27.531</b>	<b>1</b>														27.531
Naccarella, Susan, 53	2007	<b>27.517</b>	<b>1</b>														27.517
Durham, Mary, 44	2007	<b>27.517</b>	<b>1</b>														27.517
McKee, Tierney, 53	2009	<b>27.510</b>	<b>1</b>														27.510
Earle, Vicki, 53	2010	<b>27.504</b>	<b>1</b>														27.504
Cole, Kathleen, 46	2011	<b>27.490</b>	<b>1</b>														27.490
Weits, Suzanne, 77	2012	<b>27.450</b>	<b>1</b>														27.450
Boillat, Louise, 68	2013	<b>27.229</b>	<b>1</b>							27.229							
DellaGloria, Lindsay, 41	2014	<b>27.169</b>	<b>1</b>														27.169

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<i><b>Female</b></i>	Place	<b>Total</b>	<b># of Races</b>	<b>RROY Elig</b>	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Bertman, Stephanie, 25	2015	<b>27.002</b>	<b>1</b>		27.002												
Clark, Jill, 52	2016	<b>26.993</b>	<b>1</b>		26.993												
Beebe, Kaeleigh, 30	2017	<b>26.536</b>	<b>1</b>							26.536							
Hart Saxton, Brettanie, 38	2018	<b>26.471</b>	<b>1</b>							26.471							
Lochner, CamRon, 28	2019	<b>25.815</b>	<b>1</b>							25.815							
Packard, Kim, 54	2020	<b>25.631</b>	<b>1</b>							25.631							